



Wellness
Works

2020 NUTRACEUTICAL PRODUCT CATALOG

INNOVATIVE AND COMPLETE NUTRACEUTICAL PRODUCT LINE



Have you looked at Wellness Works lately?

- Do you want to expand into nutritional supplements, but feel unprepared?
- Do you want to grow your supplement practice, but don't have time to "Go Back to School"?
- Are you tired of losing supplement sales to your competition and the internet?
- Are you looking for a supplement company that will help you grow your business, not just sell their product?

If you answered YES, then take a look at Wellness Works.

OUR MISSION

At Wellness Works, there are only three things you need to remember:

1. Our relationship with YOU, our customer, is a partnership, and one that we value most highly.
2. The mission of Wellness Works is to sell YOU. You sell the vitamins.
3. At Wellness Works, we don't make money until YOU make money!

The Wellness Works Story:

- A customizable label template that can incorporate your practice colors and logo for a truly unique proprietary label.
- Extensive selection of 160+ professional grade supplements with ongoing new additions to the line.
- Wellness Works "Website Webinars"—educational opportunities to make you and your staff more knowledgeable in clinical nutrition.
- Customizable product marketing collateral that will refer your customers to your product and build your brand loyalty.
- Monthly Nutritional Grand Rounds teleconferences to discuss your patient challenges and increase your knowledge.
- Wellness Works nutritional consultants to help you grow your nutritional business.
- Customized Product Catalogs with your branding, contact information and colors throughout.
- No minimum purchase required. No contract required.
- ... and so much more!

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Note: The statements contained herein have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

Please see the current Wellness Works product order form for current pricing.

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Why Wellness Works is your better choice for professional-grade supplements.

Quality Assurance

The foundation of any supplement line depends upon a quality product. At Wellness Works, that quality is assured. The vendors who are selected to provide the professional grade products for the Wellness Works line operate under the same quality standards that we do at PCCA.

Testing for Quality

- Certified independent laboratories test raw materials and finished products.
- Using the most advanced equipment and test methods – including HPLC, ICP, GFAA and FTIR— our suppliers verify the potency and purity of ingredients.
- Microbiological testing is performed to ensure supplement purity and safety.

Ingredient Quality

- Our ingredients are sourced from trusted industry leaders in the United States, Europe and Japan, and are tested for purity and potency by independent certified labs.
- Standardizations of herbal extracts are provided to indicate primary active marker compounds.

Manufacturing Quality

- Our manufacturers are NSF International and Good Manufacturing Practices (GMP) registered.
- ISO 9001 Quality Management System certified.
- ISO 17025 accreditation of in-house laboratories performing chemical, physical, and microbial testing.

- Health Canada, European Union GMP certified.
- Written Standard Operating Procedures (SOPs) to comply with current GMPs ensuring consistent quality.
- Finished products meet and often exceed USP specifications.
- Certificates of analysis available from vendors.

Wellness Works products are worthy of your professional recommendation.

Business Assurance

Along with making nutritional sense, vitamin supplements need to make business sense. The Wellness Works line offers professional-grade products that can be professionally recommended.

- Wellness Works is sold only through independent practices.
- No contract or minimum purchase required.
- Customizable label design.
- Customizable marketing collateral that refer customers to your product and your brand.

Professional Assurance

Our Wellness Works Member Design team has created the best nutritional line for your pharmacy. And, our internal Wellness Works team is committed to assisting Wellness Works customers with any support they may need.

Wellness Works Assurance —Our Pledge to You

At Wellness Works, our goal is to deliver the most efficient and comprehensive personalized service possible. Every effort is made to simplify and streamline the ordering process for you. Our friendly and knowledgeable Customer Service team is available to answer any questions, and assist you with your orders. Our Wellness Works consultants are available to answer any product questions you might have.

Wellness Works Member Design Team



Gary McCrory, RPh,
CCN



Don Bottoni, RPh



Baylor Rice, RPh



Leigh Ann Greenberg,
PharmD



Bob Wood, RPh



Terry Wingo, RPh



Stephanie Allen,
Dip CN, CPES



Keith Guy, RPh

Choose from Three Convenient Ways to Order

1. Order ONLINE at www.WellnessWorks.com or on the PCCA website.
2. Order by PHONE
Call us TOLL-FREE at 800.331.2498
3. Order by FAX
Fax your order TOLL-FREE to 800.874.5760 using a copy of our convenient fax order form.

No Minimums

You may order any quantity you want.

S&H for Supplement Orders

Most Wellness Works orders ship within 24-48 hours. Orders ship via FedEx published rates (unless otherwise stated).

Terms & Payment Methods

After initial label design approval, cash on delivery (COD), or Credit Card (VISA, MasterCard, American Express and Discover). Terms with approved credit. Past due accounts are subject to a 1.5% per month finance charge.

Returnable Products

- Products received in error or damaged in shipping. All claims must be made within 10 days of receipt.
- All product returns must be authorized through Customer Service for a credit to be issued with prior approval from Wellness Works.

Pricing

All prices, sizes and formulations are subject to change without prior notification.

Please see the current Wellness Works product order form for current pricing.

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Wellness Works Specialty Products

Exclusive Wellness Works products coupled with your clinical expertise bring optimal outcomes for your patients. Effective for some of the most challenging nutritional issues facing customers.

- **GUT HEALTH: Gut Restorative PRP** (WW#10361) Foundational support for "leaky gut syndrome." Supports healthy gastrointestinal function and creates a stronger immune system.
- **DETOXIFICATION: Colon Health Support** (WW#10370) Gluten-free supplement designed to help balance, soothe and replenish the gastrointestinal tract.
- **DIGESTIVE SUPPORT: Gluten Digestive Enzymes** (WW#10324) Natural digestive supplement containing enzymes to enhance the digestion of gluten.
- **PAIN/INFLAMMATION: Inflam-Enz** (WW# 10363) Complex formulation of ingredients designed to provide joint comfort, increase mobility and decrease overall inflammation.
- **STRESS MANAGEMENT: GABA Calm** (WW# 10358) Combination of GABA and L-theanine to support positive mood, reduce stress and relieve mental tension.
- **WEIGHT LOSS/DEPRESSION: Crave Control** (WW# 10371) Nutritional support for neurotransmitter balance and suppression of cravings.
- **COGNITIVE FUNCTION: Memory Plus** (WW# 10270) Enhances mental clarity, memory retention and improved attention.
- **MEN'S HEALTH/SPORTS NUTRITION: Nitric Oxide Formula** (WW# 10365) Support for healthy nitric oxide production and improved vascular health.
- **MEN'S HEALTH/SPORTS NUTRITION: Pycnogenol** (WW# 10373) Extensively studied natural product providing anti-oxidant, anti-inflammatory and vasodilatory benefits.
- **SLEEP SUPPORT: Sleep Perfect Formula** (WW# 10338) Natural option for soothing and restful sleep.

The Wellness Works Advantage

Place an order totaling \$2,500 or more to receive your choice of one of the following:

- **Customized Product Catalog** (with 20 free prints)
- **Directives Catalog** (with 20 free prints)
- **Social Media Packet** (6 customized images to promote your product through social media channels)
- **Custom MP4 Marketing Video** (for use on social media or in-store)
- **POS** (point-of-sale in-store display unit)
- **90-Day Service with Rx Message on Hold.** New Wellness Works members receive a 90-day complimentary subscription from Tom Talbert - Rx Message on Hold (must be a new, not existing customer of Tom Talbert - Rx Message on Hold). Additional 90-day complimentary service available for Wellness Works orders totaling \$2,500 or more. That's six months free!

Plus, choose three of these:

- **Custom Marketing Newsletters** (3 topics of your choice) - See page
- **Custom Bottle Shots** (for use in print or digital marketing)
- **Custom Posters** (your choice of 2 of our customized 12x18 poster designs, professionally printed and shipped to your pharmacy)
- **Wellness Works Website Webinars** (digital downloads of educational nutritional webinars)
- **What You Must Know About Vitamins, Minerals, Herbs & More** by Pamela Wartian Smith, MD, MPH, MS (an informative, detailed nutritional reference book for your pharmacy)

Free Promotion of Your Wellness Works Product Line with Customized Marketing Collateral:

- Opportunity to use PCCA's **Easy Pay Plan** to defer payments over 13 months
- Custom label design **FREE** with initial order
- Custom product data sheets
- Enrollment in our monthly digital newsletter "*Making Wellness Work*" (featuring the latest product and nutritional information)
- Wellness Works nutritional/business consulting

**Ask about our special custom orders
and view more customizable marketing materials at www.wellnessworks.com**

Please see the current Wellness Works product order form for current pricing.

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Promote Your Brand with Wellness Works Customized Marketing Collateral

Customized Supplement Label

The first step to ordering your supplements and customized marketing collateral is to design your proprietary label. To start the label design process all you need to do is email your high resolution logo (150 dpi minimum) to sallen@wellnessworks.com. Your custom label is **Free** with your initial order.


Our in-house design team will use your logo to create a custom proprietary label and send to you for approval. Upon approval, you will receive a confirmation email with your final label attached. Now you are ready to order your Wellness Works supplements and marketing collateral!

Contains **NO** sugar, salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors.

Suggested Usage: As a dietary supplement, adults take 1 vegetarian capsule daily with meals, or as directed by a healthcare professional.

Store in a cool, dry place and away from direct light. **KEEP OUT OF REACH OF CHILDREN.** Tamper resistant package, do not use if seal is missing.

Manufactured For:
Kustom Wellness
 4550 Donald Ross Rd, Ste 113
 Palm Beach Gardens, FL 33418
 844.424.6304 kustomwellness.net



Kustom Wellness
 Be Your Best
www.kustomwellness.net

Ginkgo Biloba Standardized Extract
120 mg
 Professional Grade
 Dietary Supplement

50 Vegetarian Capsules

Supplement Facts
 Serving Size: 1 Vegetarian Capsule
 Servings Per Container: 50

Amount Per Serving	% DV
Ginkgo biloba Leaf Extract 50:1	120 mg
(Standardized to: 24% [28.8 mg] Flavoneglycosides, 6% [7.2 mg] Terpene Lactones and 0.8% [0.96 mg] Ginkgolide B)	
*Daily Value (%DV) not established	

Other Ingredients: Capsule (cellulose, water), rice powder, magnesium stearate and silica.

Calcium & Magnesium Plus
 With Boron & Vitamin D

DESCRIPTION
 Calcium & Magnesium Plus formula is designed to provide the structural components, as well as help support some of the complex biochemical and physiological processes involved in building and maintaining strong, healthy bone structure. Each tablet provides 500 mg of calcium and 250 mg of magnesium.

FUNCTIONS
 The adult human body contains approximately 1,200 g of calcium, about 99% of which is present in the skeleton, and 20-30 g of magnesium with about 60% located in bone. The process of building and maintaining bone structure involves numerous biochemical and physiological processes. Osteoblasts and osteoclasts are the two primary types of bone cells involved in maintaining skeletal structure. Osteoblasts are responsible for bone mineralization (building new bone). Osteoclasts are responsible for secreting acid and enzymes that help dissolve "old" bone tissue into calcium and other components, some of which may be reused by the body. This process is known as "resorption." In children and adolescents, the rate of formation of bone mineral predominates over the rate of resorption. In later life, resorption predominates over formation. Therefore, in normal aging, there is a gradual loss of bone. It is generally accepted that obtaining enough dietary calcium throughout life can significantly decrease the risk of developing osteoporosis. Among other factors, such as regular exercise, gender, and race, calcium supplementation during childhood and adolescence appears to be a prerequisite for maintaining adequate bone density later in life. But even elderly osteoporotic patients can benefit significantly from supplementation with dietary calcium. Other nutrients like boron, an essential trace mineral, is required for various hormonal processes that impact bone health, and helps support the functions of calcium, magnesium, and vitamin D.

INDICATIONS
 Calcium & Magnesium Plus may be a useful dietary supplement for those looking to augment their calcium and magnesium intake without having to take numerous pills.

SUGGESTED USE
 Adults take 1 tablet, 2 times daily with meals or as directed by a healthcare professional.

REFERENCES
 Reinken A, Linder S, Mohr P. Supplemental calcium for the prevention of hip fracture: potential health-economic benefits. Clin Ther 1996;21:1639-72.
 Combs RW Jr. Management of osteoporosis. Am J Med 2000;75:142-51.
 Chapin KE, Lee WW, Kasperk MS, et al. The effects of dietary boron on bone strength in rats. J Bone Miner Res 1997;12:206-15.
 Davies JP, Potts S, Wessinger G, et al. Daily oral magnesium supplementation suppresses bone turnover in young adult males. J Clin Endocrinol Metab 1996;83:2142-8.
 Lakkari J, Lakkari J, Bone L, Mathias FJ, et al. Functional characterization of N-methyl-D-aspartate acid-gated channels in bone cells. Bone 1999;25:631-7.
 Martin DT, Horowitz-Coxon EL, Schneider DR. Vitamin C: supplement use and bone mineral density in postmenopausal women (The Women's Calcium & Bone Study). J Bone Miner Res 2001;16:13-48.
 Neri SA, Balke SP, Campbell MK, et al. Dietary influences on bone mass and bone metabolism: further evidence of a positive link between fruit and vegetable consumption and bone health? Am J Clin Nutr 2000;72:142-51.
 O'Brien KO. Combined calcium and vitamin D supplementation reduces bone loss and fracture incidence in older men and women. Nutr Rev 1996;54:148-50.
 Reid IR. The roles of calcium and vitamin D in the prevention of osteoporosis. Endocrinol Metab Clin North Am 1996;27:389-98.
 Reid RK, Kordon ME, Guehr HT, et al. Magnesium deficiency induces bone loss in rats. Am J Physiol 1990;259:154-20.

Manufactured For: **Cornerstone Pharmacy**
 16115 St. Vincent Way, #120
 Little Rock, AR 72223
 501-521-2300

FORMULA (N.W. #10024)

One Tablet Contains:

- Calcium.....500 mg
- (as carbonate, citrate, amino acid chelate)
- Vitamin D (cholecalciferol).....25 IU
- Magnesium.....250 mg
- (as oxide, citrate, amino acid chelate)
- Boron.....1 mg
- (as citrate, separate, glycinate)
- Ascorbic acid.....25 mg

Other ingredients: cellulose, cellulose gum, stearic acid, calcium trisilicate, and pharmaceutical grade. Contains soy.

This product contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, preservatives, artificial colors or flavors.

SIDE EFFECTS
 No adverse effects have been reported.

STORAGE
 Store in a cool, dry place, away from direct light. Keep out of reach of children.

Customized Product Data Sheets

One of the best ways to educate your customers and your staff about your Wellness Works product line and to establish your brand in the marketplace is through customized product data sheets. These sheets will supply your customers and staff with all the supplement information for each product in the Wellness Works line.

Once your custom label is designed, the Wellness Works design team will provide Wellness Works product data sheets customized with your personal logo and contact information.

Customized Marketing Posters

Hang customized posters in your pharmacy to promote and duce customers to your new proprietary supplement line. Each is customized with your logo and comes printed on 100- pound paper stock. The complete collection of 12" x 18" posters and marketing collateral can be found on the Wellness Works website wellnessworks.com.

anti-aging

INTRODUCING

CypressPharmacy
 WELLNESS SOLUTIONS FOR LIFE

VITAMINS & SUPPLEMENTS

NUTRITIONAL BALANCE FOR TODAY'S LIFESTYLE.

The foundation of any supplement line is quality.

With our supplement line we are providing:

- Professional-grade supplements.
- Supplements that are tested for quality, purity and safety by certified labs using the most advanced equipment and testing methods.
- Supplements that are manufactured under the highest standards in the market.

Remember, not all supplements are created equal! With our supplements, the **QUALITY** goes in before our label goes on.

www.cypresswellness.com

CypressPharmacy
 WELLNESS SOLUTIONS FOR LIFE
 Cypress Pharmacy
 9451 Cypress Lake Dr.
 Fort Myers, FL 33919
 239-481-7322

"Your business can't grow if your customers don't know."

— Tom Talbert

1.800.331.2498 or 281.933.6948 • fax 1.800.874.5760 or 281.933.6637 • www.wellnessworks.com

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Fully-Customized Nutraceutical Product Catalogs and Directives

Customization features your pharmacy name, logo, website, colors, address and phone number throughout the catalog.

- Customized Product Catalog and Directives are designed to showcase your logo, location and commitment to customers' healthy lifestyle.
- Includes your branding on the front and back of each piece



Custom Marketing Newsletters

Valuable patient information which focuses on the role our nutraceutical products play when included in a healthy diet and lifestyle. Newsletters discuss nutritional topics such as providing protection to improve health, delaying the aging process, preventing chronic disease and supporting body functions.



To order your customized catalog, contact Director of Wellness Works Nutrition
John Preckshot, RPh, CCN, FAARM, www.ireckshot@wellnessworks.com.

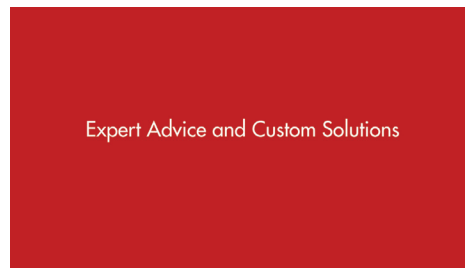
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Custom In-Store Digital Displays

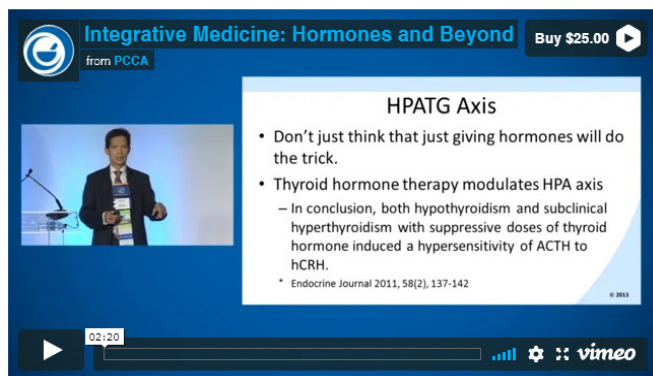
Wellness Works offers fully Customized in-store digital shows for your practice.

Your patients can learn about your high-quality nutritional products when picking up a prescription, coming in for a consultation, or just standing at the counter. Customization of your MP4 video can include your pharmacy name, logo, branded bottle shots, even staff or store photos with optional background music.

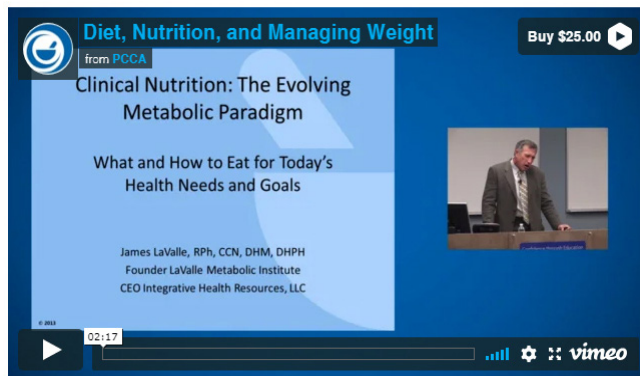


Wellness Works Website Webinars

Each month a new webinar will be available for download for you and your staff for only \$25 on Vimeo. Build your in-store educational library by purchasing the Webinar of the Month each month.



Integrative Medicine: Hormones and Beyond



Diet, Nutrition and Managing Weight

View more customizable marketing materials at www.wellnessworks.com

Nutritional Grand Rounds



Wellness Works brings its customers and those interested in enhancing their nutritional knowledge base a great opportunity for peer-to-peer best practices sharing.

Nutritional Grand Rounds Phone Call

A free monthly nutritional teleconference held the first Wednesday of each month at 10 am Central Time. Ideal for individuals wishing to enhance their knowledge of clinical nutrition through interactive sharing with others. Hosted by Director of Wellness Works Nutrition, John Preckshot, RPh, CCN, FAARM, and featuring the members of the Wellness Works Design Team.

- Teleconference on first Wednesday of each month at 10 am Central Time
- U.S. customers call 1.877.273.4202; Canadian attendees call #1.888.350.3035; Australian attendees call +61 1.800.453.429

Have questions, or need additional information?

Please contact John Preckshot, RPh, CCN, FAARM,
Director of Wellness Works Nutrition at 713.876.5606
or e-mail jpreckshot@wellnessworks.com.

REMEMBER!

If you cannot make the call live, you can easily access past monthly recordings on the www.wellnessworks.com website under the **Nutritional Grand Rounds** menu button at the top right.

Have you looked at Wellness Works lately?

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Nutritional Education and Training

The goal of Wellness Works is to make you and your staff the vitamin experts in your marketplace. To that end, Wellness Works offers an array of educational, training and counseling options to meet your needs.

- **Wellness Works Directives** – This text links therapeutic indications, recommended products and appropriate marketing materials for a wide range of therapeutic indications to greatly facilitate the education of your staff and your marketing efforts with your customers. *See Page #7.*
- **Wellness Works Catalog** – Designed to be a quick reference not only for the Wellness Works product line, but for indications for professional and staff product recommendations. *See Page 7.*
- **Monthly Newsletter** – "Making Wellness Work" is where the newest Wellness Works products and the latest in marketing and education opportunities are presented first. Don't overlook opportunities to increase your nutritional sales.
- Did you know that past Monthly Nutritional Practice Builder editions of "Making Wellness Work" are available on the Wellness Works website for you to download for FREE? Go to the Wellness Works website www.wellnessworks.com to view the many educational offerings we provide for you.
- **Nutritional Consulting** – Available to Wellness Works customers at no charge, the Wellness Works Nutritional Consultants can help you with product selection, product information, clinical queries and other nutritional matters. Consultants can be contacted through PCCA Customer Service, or on the Wellness Works website.



QUALITY ASSURANCE



THE FOUNDATION OF PROFESSIONAL-GRADE SUPPLEMENTS IS QUALITY

There is no question that there is an ever increasing awareness and interest in nutritional supplementation to help maintain health. Millions of Americans are taking nutritional supplements every day and experiencing better overall health for their efforts. However, there is also no question that **ALL SUPPLEMENTS ARE NOT CREATED EQUAL**. This fact can be very confusing to the public who, naturally, want to seek out the best supplements available to obtain optimal outcomes. At our pharmacy, we feature "professional-grade" quality supplements. But what does that mean to you?

In our pharmacy, "professional-grade" means that the quality and purity of our supplements are beyond question and are tested many times during the production process. Physicians, pharmacists, chiropractors and other healthcare professionals do not have time to waste on products of questionable quality when they make recommendations for nutritional supplements. That is why we, and so many other healthcare professionals, recommend the professional-grade products found in our supplement line.

So what does professional-quality mean to you? First, the ingredients used in our products are sourced from only the most trusted industry leaders in the United States, Europe and Japan. Where many companies seek out the least expensive ingredients for their products, we seek only the highest quality ingredients for our products. These ingredients are further tested for purity and potency by certified labs. Most importantly, herbal extracts and natural products are standardized to provide consistent levels of their primary active marker compounds. We can state with pride that our herbal products are continually tested "from the farm to the pharmacy."

Once the raw materials are received by our manufacturer, certified labs once again test those materials for potency, purity and identity of the ingredients. High-performance liquid chromatography (HPLC), inductively coupled plasma mass spectroscopy (ICP), and fourier transform infrared spectroscopy (FT-IR) are just a few of the high-level tests used to ensure that only the best ingredients are going into our supplements. Microbiological testing is also performed to detect any biological impurities in the ingredient samples.

Finally, our manufacturers are NSF International and Good Manufacturing Practices (GMP) registered. They are ISO 9001 certified and the testing labs are ISO 17025 accredited. Written standard operating procedures (SOPs) are adhered to, ensuring consistent product quality. Finally, the finished products meet and often exceed USP specifications.

What does all of that mean to you? Not all supplements are created equal! With our supplements, the QUALITY goes in before our label goes on.



**Wellness
Works**

9901 South Wilcrest Drive

Houston, Texas 77099

800.331.2498

www.WellnessWorks.com

Please see the current Wellness Works product order form for current pricing.

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5-HTP**Standardized Griffonia Extract 100 mg**

Product #	Size
10001	30 Capsules

DESCRIPTION

L-5-hydroxytryptophan (5-HTP) is a naturally occurring amino acid and chemical precursor as well as a metabolic intermediate in the biosynthesis of the neurotransmitters, serotonin and melatonin, from tryptophan.

SUGGESTED USE

Adults take 1 capsule daily with food, or as directed by a healthcare professional.

One capsule contains:

Vitamin C (as ascorbic acid).....	250 mg
Vitamin B-6 (as pyridoxine HCl).....	25 mg
Griffonia bean extract.....	102 mg

(*Griffonia simplicifolia*)

(Standardized to contain 98% [100 mg] L-5-hydroxytryptophan)

Other ingredients: Gelatin, water (capsule), rice powder, silica and magnesium stearate.

5-MTHF**1,000 mcg**

Product #	Size
10342	60 Capsules

DESCRIPTION

The most biologically active form of the B-vitamin, folic acid, 5-methyltetrahydrofolate (5-MTHF) is a form of folate supplementation targeted to individuals with genetic enzyme deficiencies, digestive system challenges or poor liver function which prevents them from converting folic acid in food or supplements into 5-MTHF.

SUGGESTED USE

Adults take 1 capsule daily, or as directed by a healthcare professional.

One capsule contains:

Folate (as [6S]-5-methyltetrahydrofolic acid from 2,000 mcg of Quatrefolic® [6S]-5-methyltetrahydrofolic acid, glucosamine salt)	1,000 mcg
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Other ingredients: Microcrystalline cellulose, vegetable cellulose, vegetarian leucine.

Acetyl-L-Carnitine**500 mg**

Product #	Size
10003	30 Vegetarian Capsules

DESCRIPTION

Acetyl-L-Carnitine is the acetylated form of L-carnitine. It supports healthy mitochondrial function and cell membrane stability.[†] The acetyl group from acetyl-L-carnitine is responsible for production of acetylcholine, an important neurotransmitter for optimal mental functioning, memory and attention.

SUGGESTED USE

Adults take 1 capsule, 1-3 times daily between meals, or as directed by a healthcare professional.

One vegetarian capsule contains:

Acetyl L-carnitine	500 mg
--------------------------	--------

Other ingredients: Cellulose and water (capsule), rice powder, magnesium stearate, silica.

Contains NO sugar, salt, dairy, yeast, soy, wheat, gluten, corn, preservatives, artificial colors or flavors.

Active Life Nutrient Capsules**Multivitamin and Mineral Capsules**

Product #	Size
10271	60 Vegetarian Capsules

DESCRIPTION

Active Life Nutrient Capsules are a balanced vitamin/mineral/trace element supplement with over 22 essential nutritional ingredients in a convenient once daily capsule.

SUGGESTED USE

Adults take 1 capsule daily with food, or as directed by a healthcare professional.

One vegetarian capsule contains:

Vitamin A (as 50% retinyl acetate, 50% mixed carotenoids)	3,500 IU
Vitamin C (as ascorbic acid)	150 mg
Vitamin D3 (as cholecalciferol)	2,000 IU
Vitamin E (as d-alpha tocopheryl succinate)	30 IU
Vitamin K2 (as menaquinone-7)	50 mcg
Thiamine (as Thiamine HCl)	5 mg
Riboflavin (as riboflavin 5-phosphate).....	3.5 mg
Niacin (as niacinamide)	20 mg
Vitamin B6 (as pyridoxal 5-phosphate).....	5 mg
Folate (as [6S]-5-methyltetrahydrofolic acid from 800mcg of Quatrefolic® [6S]-5-methyltetrahydrofolic acid, glucosamine salt)	400 mcg
Vitamin B12 (as methylcobalamin).....	500 mcg
Biotin	300 mcg
Pantothenic Acid (as Ca pantothenate).....	10 mg
Iodine (as potassium iodide)	150 mcg
Zinc (as Zn citrate)	25 mg
Selenium (as selenomethionine).....	50 mcg
Manganese (as Mn citrate).....	2 mg
Chromium (as Cr polynicotinate)	200 mcg
Molybdenum (as as TRAACS® molybdenum glycinate chelate)	75 mcg
Coenzyme Q10	50 mg
Alpha lipoic acid	50 mg
Choline (as choline bitartrate)	25 mg
Inositol.....	25 mg
Lutein	3 mg
Boron (as B amino acid chelate).....	1 mg
Lycopene.....	500 mcg
Zeaxanthin.....	500 mcg

Other ingredients: Vegetable cellulose (capsule), microcrystalline cellulose, vegetarian leucine.

Gluten-Free, Vegetarian

AdreBoost-NG

Product #	Size
10244	60 Capsules

DESCRIPTION

AdreBoost-NG is a combination of nutrients and herbs that support healthy adrenal function during periods of physical and emotional stress. The adaptogenic herbs (Eleuthero, Rhodiola rosea, and Ashwagandha) are standardized to ensure a consistent dose of active compounds.

SUGGESTED USE

Adults take 2 capsules daily at mealtime, or as directed by a healthcare professional.

Two capsules contain:

Vitamin C (as ascorbic acid).....	60 mg
Vitamin B-6 (as pyridoxine HCl).....	25 mg
Pantothenic Acid (d-calcium pantothenate).....	100 mg
L-tyrosine.....	500 mg
Rhodiola rosea.....	200 mg
(standardized to 3% [6 mg] rosavins and 1% [2 mg] salidroside)	
Eleuthero.....	100 mg
(<i>Eleutherococcus senticosus</i>) root extract	
(standardized to 0.5% [0.5 mg] eleutherosides)	
Ashwagandha.....	150 mg
(<i>Withania somnifera</i>) root extract (standardized to 1.5% [2.5 mg] withanolides)	
Choline (as choline bitartrate).....	50 mg
Ginger (<i>Zingiber officinale</i>) root extract.....	50 mg
Licorice (<i>Glycyrrhiza glabra</i>) root extract.....	40 mg
Astragalus (<i>Astragalus membranaceus</i>) root extract.....	45 mg
Gotu Kola (<i>Centella asiatica</i>) leaf.....	25 mg
Schizandra (<i>Schizandra chinensis</i>).....	20 mg

Other ingredients: Cellulose and water (capsules), magnesium stearate and silica.

Contains NO sugar, salt, dairy, yeast, soy, wheat, gluten, corn, preservatives, artificial colors or flavors.

Adrenal Health, Glandular†*With Adrenal Gland Concentrate*

Product #	Size
10337	60 Vegetarian Capsules

DESCRIPTION

Adrenal Health, Glandular is a synergistic blend of vitamins, minerals and glandulars designed to support normal adrenal health and stress management.†

SUGGESTED USE

Adults take 1–2 capsules daily, or as directed by a healthcare professional.

Two vegetarian capsules contain:

Vitamin A.....	3,000 mcg
Vitamin C.....	300 mg
Pantothenic acid (as d-calcium pantothenate).....	60 mg
Vitamin B-6 (as pyridoxine HCl).....	50 mg
Zinc (as Zinc Aspartate Complex).....	15 mg
Adrenal (concentrate).....	300 mg
Spleen (concentrate).....	50 mg
Thiamine.....	3 mg
Riboflavin.....	1.5 mg

Other ingredients: Microcrystalline cellulose (vegetarian capsules), magnesium stearate and silica.

Contains NO sugar, sodium, starch, milk/dairy, yeast, soy, protein, wheat, gluten, corn, preservatives, artificial colors or flavors.

Aller-Calm Complex*Supports Normal Respiratory Function in the Presence of Airborne Allergens†*

Product #	Size
10291	90 Tablets

DESCRIPTION

Aller Calm Complex is a proprietary blend of seven standardized herbal extracts clinically formulated and tested to promote health and normal breathing and to support clear airway passages seasonally and all year round.†

SUGGESTED USE

Adults take 3 tablets 2 times daily in the presence of seasonal airborne allergens or 3 tablets daily year around, or as directed by a healthcare professional.

Three tablets contain:

Vitamin C (as ascorbic acid).....	100 mg
Proprietary herbal blend.....	660 mg
Quercetin.....	500 mg
MSM.....	1300 mg
Stinging nettles.....	200 mg
Bromelain.....	25 mg
Proprietary berry blend.....	25 mg
Feverfew.....	25 mg
Turmeric.....	50 mg
Ginger.....	35 mg

Other ingredients: Cellulose, stearic acid, cellulose gum, dicalcium phosphate, silica, magnesium stearate, and pharmaceutical glaze.

Contains NO sugar, salt, dairy, yeast, soy, wheat, corn, preservatives, artificial colors or flavors.

Vegetarian, Gluten-Free, Dairy-Free

Alpha Lipoic Acid 100 mg

Product #	Size
10006	60 Capsules

DESCRIPTION

Alpha Lipoic Acid capsules contain 100 mg of pure alpha-lipoic acid. Alpha-lipoic acid is a non-vitamin coenzyme that carries out important metabolic and antioxidant functions in the body.

SUGGESTED USE

Adults take 1 capsule, 1–3 times daily with food, or as directed by a healthcare professional.

One capsule contains:

Alpha-lipoic acid.....	100 mg
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*From Lipoec® brand made by Cognis Nutrition.

Other ingredients: Gelatin and water (capsule), rice powder, silica, and magnesium stearate.

Gluten-Free, Dairy-Free

Alpha Lipoic Acid 300 mg

Product #	Size
10322	60 Vegetarian Capsules

DESCRIPTION

Alpha Lipoic Acid capsules contain 300 mg of pure alpha-lipoic acid. Alpha-lipoic acid is a non-vitamin coenzyme that carries out important metabolic and antioxidant functions in the body.

SUGGESTED USE

Adults take 1 capsule daily with food, or as directed by a healthcare professional.

One vegetarian capsule contains:

Alpha-lipoic acid.....	300 mg
------------------------	--------

Other ingredients: Microcrystalline cellulose and vegetable cellulose (capsule), and **vegetarian** leucine. Vegetarian, Gluten-Free

Please see the current Wellness Works product order form for current pricing.

† The statements contained herein have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

AntiOxidant Essentials

With Vitamins C & E

Product #	Size
10010	90 Tablets

DESCRIPTION

AntiOxidant Essentials contains a varied blend of nutritional antioxidants to help neutralize a range of free radical molecules.

SUGGESTED USE

Adults take 2 tablets daily with food, or as directed by a healthcare professional.

Two tablets contain:

Vitamin A (as beta carotene)	10,000 IU
Vitamin C (ascorbic acid)	600 mg
Vitamin E (d-alpha tocopherol succinate)	200 IU
Vitamin B-2 (riboflavin, riboflavin-5-phosphate)	50 mg
Vitamin B-6 (pyridoxine HCl, pyridoxal-5-phosphate)	25 mg
Zinc (monomethionine)	15 mg
Selenium (selenomethionine)	100 mcg
Copper (amino acid chelate)	1 mg
Manganese (arginate)	10 mg
N-Acetyl-Cysteine	100 mg
L-Cysteine HCl	100 mg
L-Glutathione (reduced form)	20 mg
Quercetin	30 mg
Alpha Lipoic Acid	5 mg

Other ingredients: Dicalcium phosphate, cellulose, vegetable stearin, cellulose gum, silica, magnesium stearate, modified cellulose, and vanilla powder. Contains soy.

Riboflavin-5-phosphate is a coenzyme form of vitamin B-2. Pyridoxal-5-phosphate is a coenzyme form of vitamin B-6.

Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, preservatives, artificial colors or flavors.

Ashwagandha Extract

500 mg

Product #	Size
10372	60 Vegetarian Capsules

DESCRIPTION

Used in Ayurvedic medicine for over 6,000 years, Ashwagandha has been used most specifically for its anti-stress and adaptogenic properties.

SUGGESTED USE

Adults take 1 capsule daily, or as directed by a healthcare professional.

One capsule contains:

Ashwagandha (<i>Withania somnifera</i>) root extract (standardized to 2.5% [12.5 mg] total withanolides)	500 mg
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Contains NO dairy, wheat, gluten, soy, preservatives, artificial colors or flavors.

Balanced Meal Complete

Nutritional Shake — Chocolate

Product #	Size
10346	1.1 lb (510 g)

DESCRIPTION

Balanced Meal Complete is a plant-based nutritional shake that contains a complete formulation of nutrients to provide for a nutritious shake or meal replacement.

SUGGESTED USE

Use 1–2 scoops in water or preferred beverage daily, or as directed by a healthcare professional.

Two scoops (approximately 39.5 g) contain:

Calories	160
Calories from fat	30
Total fat	3 g
Saturated fat	0.5 g
Sodium	290 mg
Potassium	290 mg
Total carbohydrate	15 g
Dietary fiber	6 g
Sugars	<1 g
Protein	18 g
Vitamin A (as beta carotene)	353 mcg RAE
Vitamin C (as ascorbic acid)	25 mg
Vitamin D3 (as cholecalciferol)	4 mcg
Vitamin E (as succinate, acetate)	7 mg
Vitamin B1 (as thiamine hydrochloride, mononitrate)	590 mcg
Vitamin B2 (as riboflavin)	800 mcg
Niacin (as niacinamide)	9 mg
Vitamin B6 (as hydrochloride)	775 mcg
Folic Acid	240 mcg
Vitamin B12 (as cyanocobalamin)	2.5 mcg
Biotin	135 mcg
Pantothenic Acid (as d-calcium pantothenate)	4 mg
Calcium (as carbonate)	240 mg
Iodine (as potassium iodide)	67 mcg
Magnesium (as citrate, oxide)	8 mg
Zinc (as citrate, oxide)	6 mg
Selenium (as methionine, selenite)	9 mcg
Copper (as gluconate)	350 mcg
Manganese (as citrate, gluconate)	2.2 mg
Chromium (as amino acid chelate, chloride)	40 mcg
Molybdenum (as amino acid chelate, molybdate)	8 mcg
Multi-Source Vitamins & Minerals Matrix with Fermented Whole Foods	850 mg
Organic Fermented Herbal Blend: Reishi, shiitake, maitake;	
Organic Fermented Vegetable Blend: Tomato, pea, carrot, spinach, pepper;	
Fermented Fruit Blend: Cherry, banana, apple, strawberry, blueberry;	
Organic Fermented Sprout Blend: Amaranth, quinoa, millet;	
Organic Cultured Spice Blend: Cinnamon, allspice, cloves;	
Essential Glyconutrient Blend: Mannose, glucose, galactose, xylose from <i>Coffee arabica</i> , <i>aloe barbadensis</i>	
Multi-Source Plant Protein Matrix	20,295 mg
Pea protein isolate, organic sprouted amaranth, organic sprouted quinoa, chlorella protein, cranberry seed protein, and a proprietary amino acid blend of leucine, isoleucine, valine and glutamine	
Multi-Source Low-Glycemic Energy Matrix	6,075 mg
Organic oat bran, organic amaranth, organic quinoa, organic buckwheat, organic millet, organic chia, broccoli sprouts, watercress sprouts, kale sprouts, mustard sprouts, and cabbage sprouts	
Multi-Source Fiber/Antioxidant Matrix	3,950 mg

Organic acacia gum fiber, organic beet, grape seed extract, plum fruit extract, strawberry juice, Hawaiian noni fruit, pineapple juice, guava juice, organic apple, orange juice, raspberry juice, mango juice, acai juice, cupuacu juice, camu camu fruit extract, green tea extract, watermelon juice, organic hawthorne berry extract, grape skin extract, elderberry fruit, organic goji extract, bilberry extract, protease, amylase, cellulase, lactase, lipase, and wild Alaskan Aurora Blue® blueberry

Multi-Source Plant EFA Matrix:1,516 mg

Flax seed oil powder, flax seed, *sacha inchi* seed, chia seed and hemp seed

Probiotic, Prebiotic & Digestive Enzyme Matrix988 mcg

Bacillus coagulans (1 billion viable cells), fructo-oligosaccharides (inulin), alpha-galactosidase and bromelain

Other ingredients: Cocoa, natural chocolate flavor, inulin, stevia, guar gum, silica, natural vanilla flavor, natural caramel flavor, lo han guo, organic maltodextrin and organic corn starch.

Contains NO dairy, yeast, wheat, gluten, preservatives, artificial colors or flavors.

Aurora Blue® is a registered trademark of Denali Bio Technologies.

Gluten-Free, Dairy-Free, Soy-Free, Non-GMO, Vegan

Balanced Meal Complete

Nutritional Shake — Vanilla

Product #	Size
10345	1.1 lb (510 g)

DESCRIPTION

Balanced Meal Complete is a plant-based nutritional shake that contains a complete formulation of nutrients to provide for a nutritious shake or meal replacement.

SUGGESTED USE

Use 1–2 scoops in water or preferred beverage daily, or as directed by a healthcare professional.

Two scoops (approximately 37.5 g) contain:

Calories.....	160
Calories from fat.....	30
Total fat.....	3 g
Saturated fat.....	0.5 g
Sodium.....	270 mg
Potassium.....	100 mg
Total carbohydrate.....	15 g
Dietary fiber.....	5 g
Sugars.....	<1 g
Protein.....	17 g
Vitamin A (as beta carotene).....	353 mcg RAE
Vitamin C (as ascorbic acid).....	25 mg
Vitamin D3 (as cholecalciferol).....	4 mcg
Vitamin E (as succinate, acetate).....	7 mg
Vitamin B1 (as thiamine.....	590 mcg
hydrochloride, mononitrate)	
Vitamin B2 (as riboflavin).....	800 mcg
Niacin (as niacinamide).....	9 mg
Vitamin B6 (as hydrochloride).....	775 mcg
Folic Acid.....	240 mcg
Vitamin B12 (as cyanocobalamin).....	2.5 mcg
Biotin.....	135 mcg
Pantothenic Acid (as d-calcium pantothenate).....	4 mg
Calcium (as carbonate).....	240 mg
Iodine (as potassium iodide).....	67 mcg
Magnesium (as citrate, oxide).....	8 mg
Zinc (as citrate, oxide).....	6 mg
Selenium (as methionine, selenite).....	9 mcg
Copper (as gluconate).....	350 mcg
Manganese (as citrate, gluconate).....	2.2 mg
Chromium (as amino acid chelate, chloride).....	40 mcg

Molybdenum (as amino acid chelate, molybdate).....8 mcg

Multi-Source Vitamins & Minerals Matrix with Fermented Whole Foods.....850 mg

Organic Fermented Herbal Blend: Reishi, shiitake, maitake;

Organic Fermented Vegetable Blend: Tomato, pea, carrot, spinach, pepper;

Fermented Fruit Blend: Cherry, banana, apple, strawberry, blueberry;

Organic Fermented Sprout Blend: Amaranth, quinoa, millet;

Organic Cultured Spice Blend: Cinnamon, allspice, cloves;

Essential Glyconutrient Blend: Mannose, glucose, galactose, xylose from

Coffee arabica, *aloe barbadensis*

Multi-Source Plant Protein Matrix.....19,680 mg

Pea protein isolate, sprouted amaranth, sprouted quinoa,

chlorella protein, cranberry seed protein, and a proprietary amino acid

blend of leucine, isoleucine, valine, and glutamine

Multi-Source Low-Glycemic Energy Matrix.....6,075 mg

Organic oat bran, organic amaranth, organic quinoa, organic buckwheat,

organic millet, organic chia, broccoli sprouts, watercress sprouts, kale

sprouts, mustard sprouts, and cabbage sprouts

Multi-Source Fiber/Antioxidant Matrix.....3,950 mg

Acacia gum fiber, beet, grape seed extract, plum fruit extract,

strawberry juice, Hawaiian noni fruit, pineapple juice, guava juice, apple, orange juice,

raspberry juice, mango juice, acai juice, cupuacu juice, camu camu fruit extract, green tea

extract, watermelon juice, hawthorne berry extract, grape skin extract, elderberry fruit,

goji extract, bilberry extract, protease, amylase, cellulase, lactase, lipase, and wild Alaskan

Aurora Blue® blueberry

Multi-Source Plant EFA Matrix:1,516 mg

Flax seed oil powder, flax seed, *sacha inchi* seed, chia seed and hemp seed

Probiotic, Prebiotic & Digestive Enzyme Matrix988 mcg

Bacillus coagulans (1 billion viable cells), fructo-oligosaccharides (inulin),

alpha-galactosidase and bromelain

Other ingredients: Natural vanilla flavor, inulin, guar gum, stevia, silica, natural chai flavor, lo han guo, organic maltodextrin, and organic corn starch.

Contains NO sugar, salt, dairy, yeast, wheat, gluten, preservatives, artificial colors or flavors.

Aurora Blue® is a registered trademark of Denali Bio Technologies.

Gluten-Free, Dairy-Free, Soy-Free, Non-GMO, Vegan

Berberine Support†

With Alpha Lipoic Acid and Grape Seed Extract

Product #	Size
10281	60 Vegetarian Capsules

DESCRIPTION

Berberine Support supplies high-potency berberine combined with alpha lipoic acid and grape seed extract for blood sugar and cardiovascular support. Berberine Support promotes normal homocysteine levels and supports normal blood pressure, blood sugar and cholesterol levels.†

SUGGESTED USE

Adults take 1 capsule, 2 times daily with food, or as directed by a healthcare professional.

One vegetarian capsule contains:

Folate200 mcg

(as [6S]-5-methyltetrahydrofolate from 400 mcg of

Quatrefolic® [6S]-5-methyltetrahydrofolate, glucosamine salt)

Berberine (as berberine HCl).....500 mg

LeucoSelect® Phytosome™.....50 mg

(Grape seed (*Vitis vinifera*) extract /

phosphatidylcholine complex)

R-alpha lipoic acid25 mg

Other ingredients: Hypromellose (capsule), microcrystalline cellulose, vegetarian leucine.

Contains soy. Vegetarian, Gluten-Free

Please see the current Wellness Works product order form for current pricing.

† The statements contained herein have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

Beta-Carotene*25,000 IU / Natural Mixed Carotenoids*

Product #	Size
10012	60 Softgels

DESCRIPTION

Beta-Carotene is extracted from a potent natural source of *Dunaliella salina* sea algae. *D. salina* provides the two main beta-carotene isomers in an approximately equal ratio of all-trans to 9-cis-beta-carotene. In addition, small amounts of 13-cis-beta-carotene and other carotenoids are present, such as alpha-carotene, lutein, zeaxanthin, cryptoxanthin, and lycopene, as well as other natural vegetable sources, such as chlorella and spirulina.

SUGGESTED USE

Adults take 1 softgel daily with food, or as directed by a healthcare professional.

One softgel contains:

Vitamin E (as d-alpha tocopherol)	1 IU
Natural mixed carotenoids (from <i>Dunaliella salina</i>)	15 mg
Beta carotene	14,288 mcg
Alpha carotene	450 mcg
Zeaxanthin	90 mcg
Cryptoxanthin	105 mcg
Lutein	67 mcg

Other ingredients: Gelatin, glycerin and water (capsule), annatto powder, soybean oil, and beeswax. Contains soy.

Contains NO sugar, salt, dairy, yeast, wheat, corn, preservatives, artificial colors or flavors.

Gluten-Free, Dairy-Free

BioDIM I-3-C Complex*Hormonal Balance in Men and Women ‡*

Product #	Size
10317	60 Vegetarian Capsules

DESCRIPTION

BioDIM I-3-C Complex is a unique formulation that helps support the normal metabolic pathways of hormones in both men and women.

SUGGESTED USE

Adults take 2 capsules daily, or as directed by a healthcare professional.

Two vegetarian capsules contain:

Vitamin D3 (as cholecalciferol)	1000 IU
Vitamin E (as d-alpha tocopheryl succinate)	50 IU
Calcium (as Ca D-glucarate)	50 mg
Indol-3-Carbinol	200 mg
DIM®	100 mg
(a patented enhanced bioavailability complex of starch, diindolylmethane, vitamin E as d-alpha tocopheryl succinate, soy phosphatidylcholine, silica)	
Green Tea (<i>Camellia sinensis</i>) leaf extract	250 mg
yielding EGCG	175 mg
HMRlignan™ (a Norway spruce (<i>Picea abies</i>) Standardized lignan extract)	30 mg
Trans-resveratrol	50 mg
(from <i>Polygonum cuspidatum</i> root extract)	

Other ingredients: Vegetable cellulose (capsule), microcrystalline cellulose, silican and vegetable leucine.

DIM® and BioDIM® are registered trademarks of, and are licensed form, BioResponse, LLC

Black Cohosh Plus

Product #	Size
10015	120 Capsules

DESCRIPTION

Black Cohosh is an herb that provides a natural way to normalize hormonal changes and moderate the uncomfortable changes that accompany menopause.‡ Wellness Works Black Cohosh is made under strict European quality standards which are comparable to over-the-counter drug standards in the U.S. It provides optimal levels of naturally occurring triterpene glycosides.

SUGGESTED USE

Adults take 1 capsule, 4 times daily with food, or as directed by a healthcare professional.

One capsule contains:

Black cohosh root extract	40 mg
(Cimicifuga racemosa) (standardized to 2.5% [1 mg] Triterpene glycosides)	
Chasteberry fruit powder	100 mg
(Vitex agnus-castus)	
Dong Quai root powder	100 mg
(Angelica sinensis)	

Other ingredients: Gelatin and water (capsule), rice powder, magnesium stearate and silica.

Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors.

Bone Health Support‡*With Ipriflavone, Soy & Calcium*

Product #	Size
10016	120 Tablets

DESCRIPTION

Bone Health Support is a comprehensive vitamin, mineral and herbal formula designed to support healthy bone formation, maintenance and strength.†

SUGGESTED USE

Adults take 4 tablets daily with food, or as directed by a healthcare professional.

Four tablets contain:

Calcium (as carbonate, citrate)	1,200 mg
Vitamin D (as cholecalciferol)	5 mcg
Vitamin K (as phyloquinone)	100 mcg
Magnesium (as oxide, citrate)	400 mg
Zinc (as monomethionine)	10 mg
Copper (as amino acid chelate)	1 mg
Manganese (as amino acid chelate)	5 mg
Ipriflavone	200 mg
Soy (<i>Glycine max</i>) bean extract	250 mg
(standardized to 250 mg 2.5–3.5% [6.25 – 8.75 mg] isoflavones)	
Boron (as citrate, aspartate, glycinate)	1 mg
Horsetail herb extract (<i>Equisetum arvense</i>)	100 mg
Betaine hydrochloride	25 mg

Other ingredients: Cellulose, cellulose gum, vegetable stearin, dicalcium phosphate, magnesium stearate, silica and food glaze.

Contains NO dairy, yeast, wheat, corn, preservatives, artificial colors or flavors.

Brain Health Support†

With Ginkgo Biloba & Phosphatidyl Serine

Product #	Size
10019	60 Vegetarian Capsules

DESCRIPTION

Supporting brain function becomes even more important as we age. This Brain Health Support formula is designed to support mental function and retard the cognitive decline associated with the aging process.†

SUGGESTED USE

Adults take 2 capsules daily with food, or as directed by a healthcare professional.

Two vegetarian capsules contain:

Ginkgo biloba leaf extract.....	60 mg
(Standardized to 24% [14.4 mg] flavoneglycosides, 6% [4 mg] terpene lactones, 0.8% [0.5 mg] ginkgolide B)	
Phosphatidyl serine complex.....	150 mg
L-carnitine tartrate.....	100 mg
DHA Powder (docosahexaenoic acid).....	100 mg
Choline (as bitartrate).....	25 mg
Inositol.....	25 mg

Other ingredients: Cellulose and water (vegetarian capsule), rice powder, silica and magnesium stearate.

Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, preservatives, artificial colors or flavors.

Gluten-Free, Dairy-Free, Vegetarian

Bromelain

400 mg / Proteolytic Enzyme

Product #	Size
10021	60 Capsules

DESCRIPTION

Bromelain supplies 2,400 GDUs per gram. GDUs measure the digestive activity of an enzyme ingredient.

SUGGESTED USE

Adults take 1 capsule after each meal, or as directed by a healthcare professional.

One capsule contains:

Bromelain.....	400 mg
(2400 GDUs/g)	
(pineapple [<i>Ananas comosus</i> stem] enzyme)	

Other ingredients: Gelatin, glycerin and water (capsule), cellulose, magnesium stearate and silica.

Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors.

Gluten-Free, Dairy-Free

Buffered Vitamin C

1,000 mg / Antioxidant and Immune Support†

Product #	Size
10328	100 Vegetarian Tablets

DESCRIPTION

Buffered Vitamin C contains 100%, pure, corn-free vitamin C, specially buffered with calcium and bioflavonoid complex.

SUGGESTED USE

Adults take 1 tablet daily, or as directed by a healthcare professional.

One vegetarian tablet contains:

Vitamin C (as calcium and sodium ascorbate).....	1,000 mg
Calcium (as calcium ascorbate).....	125 mg
Sodium (as sodium ascorbate).....	22 mg
Citrus Bioflavonoids.....	200 mg

Other ingredients: Cellulose, vegetable stearin, cellulose gum, magnesium stearate and silica.

Contains NO sugar, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors.

Gluten-Free, Dairy-Free, Vegetarian

Calcium & Magnesium Citrates

With Calcium from MCHC

Product #	Size
10327	100 Tablets

DESCRIPTION

Calcium & Magnesium Citrates provides calcium as citrate and as hydroxyapatite, a bioavailable source of calcium derived from whole bone.

SUGGESTED USE

Adults take 4 tablets daily with meals, or as directed by a healthcare professional.

Four tablets contain:

Vitamin D (as cholecalciferol).....	125 IU
Vitamin K (as phyloquinone).....	50 mcg
Calcium (as citrate, hydroxyapatite).....	750 mg
Magnesium (as citrate, oxide).....	500 mg
Boron.....	3 mg

(as citrate, aspartate, glycinate)

Betaine hydrochloride.....50 mg

Other ingredients: Dicalcium phosphate, cellulose, modified cellulose gum, vegetable stearin, magnesium stearate, silica, and food glaze.

Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors. Gluten-Free, Dairy-Free

Calcium & Magnesium Plus

With Boron and Vitamin D

Product #	Size
10024	250 Tablets

DESCRIPTION

Calcium & Magnesium Plus formula is designed to provide the structural components, as well as help support some of the complex biochemical and physiological processes involved in building and maintaining strong, healthy bone structure.† Each tablet provides 500 mg of calcium and 250 mg of magnesium.

SUGGESTED USE

Adults take 1 tablet 2 times daily with food, or as directed by a healthcare professional.

One tablet contains:

Vitamin D (cholecalciferol).....	25 IU
Calcium.....	500 mg
(as carbonate, citrate, amino acid chelate)	
Magnesium.....	250 mg
(as oxide, citrate, amino acid chelate)	
Boron.....	1 mg

Please see the current Wellness Works product order form for current pricing.

† The statements contained herein have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

(as citrate, aspartate, glycinate)
 Betaine hydrochloride25 mg
 Other ingredients: Cellulose, cellulose gum, stearic acid, calcium-tricitrate, and pharmaceutical glaze.
 Contains soy.
 Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, preservatives, artificial colors or flavors.
 Vegetarian

Cardio Health Support[‡] With Hawthorn and CoQ10

Product #	Size
10029	60 Tablets

DESCRIPTION

Cardio Health Support formula provides the foundation for a healthy cardiovascular system by supplying the many nutrients, herbs and other cofactors that help protect against the damaging effects of free radicals, and homocysteine to help support cardiovascular function.

SUGGESTED USE

Adults take 3 tablets daily with food, or as directed by a healthcare professional.

Three tablets contain:

Vitamin C (as ascorbic acid).....	100 mg
Vitamin E (as d-alpha)	25 IU
Niacin	25 mg
Vitamin B-6 (as pyridoxine HCl)	5 mg
Folic Acid.....	400 mcg
Vitamin B-12 (as cyanocobalamin)	5 mcg
Magnesium (as oxide, amino acid chelate)	400 mg
Coenzyme Q10	60 mg
Hawthorn flower & Leaf extract	100 mg
(Standardized to 1.8% [1.8 mg] vitexin)	
L-carnitine (as tartrate)	500 mg
Soybean extract	250 mg
(Glycine max standardized to 2.5–3.5% [6.25–8.75 mg] isoflavones)	
Horsechestnut seed extract	100 mg
(Standardized to 20% [20 mg] aescin)	
Taurine	500 mg
Green tea leaf extract	50 mg
(Standardized to 50% [25 mg] epicatechin)	
Grape seed extract (<i>Vitis vinifera</i>)	5 mg
Citrus bioflavonoids	50 mg
Cayenne fruit (<i>Capsicum annuum</i>).....	25 mg

Other ingredients: Cellulose, stearic acid, cellulose gum, silica, magnesium stearate and dicalcium phosphate.

Contains NO dairy, yeast, wheat, corn, preservatives, artificial colors or flavors.

Children's Acidophilus Grape Flavor

Product #	Size
10227	60 Chewable Tablets

DESCRIPTION

Children's Acidophilus is a combination of several probiotics in a grape-flavored chewable. Each chewable provides one billion viable cells. The probiotics in this blend are both acid-resistant and do not require refrigeration.

SUGGESTED USE

Children 5 years and older chew 1 tablet daily with food, or as directed by a healthcare professional.

One chewable tablet contains:

Proprietary probiotic blend 1 billion cells
 (*Lactobacillus acidophilus* La-14, *Bifidobacterium lactis* BI-04 and *Lactobacillus salivarius* Ls-33)

Other ingredients: Sorbitol, xylitol, natural grape flavor, vegetable stearin, cellulose, citric acid, maltodextrin, silica, magnesium stearate, luohan guo fruit extract, and carmine color.

Each Bio-Enhanced, Acid Resistant Strain (BEARS) has been specifically designed to survive stomach acid secretions during digestion. BEARS eliminates the need for enteric coating by preventing the destruction of viable cells that occurs when weaker strains are exposed to an acid environment.

Contains NO salt, dairy, wheat, soy, gluten, preservatives, artificial colors or flavors.

Children's Chewable Vitamin With Acidophilus

Product #	Size
10323	120 Chewable Tablets

DESCRIPTION

Children's Chewable Multivitamin with Acidophilus is a pleasant tasting, chewable multiple vitamin and mineral formulation of nutrients demonstrated to be essential for the development of children. *Lactobacillus acidophilus* is also included in the product to support GI and immune health.[‡]

SUGGESTED USE

Children 2 years and older chew 1–2 tablets daily with food, or as directed by a healthcare professional.

One chewable tablet contains:

Calories.....	6
Total carbohydrates	1 gm
Sugar.....	1 gm
Vitamin A	5,000 IU
Vitamin C	100 mg
Vitamin D.....	400 IU
Vitamin E.....	30 IU
Vitamin B-1	1.5 mg
Vitamin B-2.....	1.7 mg
Niacin	20 mg
Vitamin B-6.....	2 mg
Folic Acid.....	10 mcg
Vitamin B-12	6 mcg
Biotin.....	50 mcg
Pantothenic Acid.....	10 mg
Calcium (as amino acid chelate)	20 mg
Iron (as amino acid chelate).....	5 mg
Iodine (as potassium iodide)	100 mcg
Magnesium (as amino acid chelate).....	10 mg
Zinc (as amino acid chelate).....	10 mg
Copper (as amino acid chelate)	50 mcg
Manganese (as amino acid chelate).....	50 mcg
Potassium (as amino acid chelate).....	1 mg
Choline.....	10 mcg
Inositol.....	10 mcg
PABA.....	400 mcg
Citrus Bioflavonoids	20 mg
<i>Lactobacillus Acidophilus</i>	200 million cells

Other ingredients: Fructose, sorbitol, xylitol, cellulose, vegetable stearin, silica, natural cherry flavor, citric acid, magnesium stearate, luohan guo fruit extract, mixed natural fruit blend, natural vanilla flavor and natural color. Contains soy and milk.

Contains NO salt, wheat, gluten, preservatives, artificial colors or flavors.

Chromium Picolinate

Supports Healthy Blood Sugar Levels ‡

Product #	Size
10036	90 Capsules

DESCRIPTION

Chromium Picolinate 200 mcg is a trace element supplement that contains chromium bound to picolinic acid, a highly biologically active form of this mineral.

SUGGESTED USE

Adults take 1 capsule daily with food, or as directed by a healthcare professional.

One capsule contains:

Chromium (as picolinate) 200 mcg

Other ingredients: Gelatin and water (capsule), rice powder, and magnesium stearate.

Our Chromium Picolinate is 100% pure crystalline powder.

Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors.

CoEnzyme-B

Product #	Size
10245	50 Vegetarian Capsules

DESCRIPTION

CoEnzyme-B provides the “activated” form of the B vitamins for enhanced bioavailability to assist in the many biochemical pathways requiring these nutrients.

SUGGESTED USE

Adults take 1 vegetarian capsule daily, or as directed by a healthcare professional.

One vegetarian capsule contains:

Vitamin B-1 (as thiamin HCl) 50 mg

Vitamin B-2 (as riboflavin) 50 mg

Niacin (as niacinamide) 50 mg

Vitamin B-6 (as pyridoxine HCl) 50 mg

Vitamin B-12 (as cyanocobalamin) 50 mcg

Folate (as folic acid) 800 mcg

Biotin 200 mcg

Pantothenic Acid (as d-calcium pantothenate) 50 mg

Choline (as choline bitartrate) 25 mg

Inositol 25 mg

PABA 25 mg

Cocarcboxylase (coenzyme vitamin B-1) 5 mg

Riboflavin-5-phosphate (coenzyme vitamin B-2) 5 mg

Pantethine (coenzyme vitamin B-5) 5 mg

Pyridoxal-5-phosphate (coenzyme vitamin B-6) 5 mg

Methylcobalamin (coenzyme vitamin B-12) 25 mcg

Dibenzozide (coenzyme vitamin B-12) 25 mcg

Other ingredients: Cellulose and water (capsule), cellulose, magnesium stearate, and silica.

Contains NO sugar, salt, dairy, yeast, wheat, corn, soy, preservatives, artificial colors or flavors.

CoEnzyme Q10

50 mg Softgels with Vitamin E

Product #	Size
10039	30 Softgels

DESCRIPTION

CoEnzyme Q10 softgels contain pure co-enzyme Q10 (ubiquinone). CoEnzyme Q10 is solubilized in a base of rice bran oil and vitamin E to enhance absorption of co-enzyme Q10.

SUGGESTED USE

Adults take 1 softgel, 1–3 times daily with food, or as directed by a healthcare professional.

One softgel contains:

Coenzyme Q10 (as ubiquinone) 50 mg

Other ingredients: Gelatin, glycerin, water, zinc oxide, and annatto (softgel), rice bran oil, beeswax, vitamin E, and lecithin. Contains soy.

Manufactured on equipment that processes peanuts. May contain traces of peanuts.

Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, preservatives, artificial colors or flavors.

CoEnzyme Q10

100 mg Softgels with Vitamin E

Product #	Size
10038	30 Softgels

DESCRIPTION

Coenzyme Q10 softgels contain pure co-enzyme Q10 (ubiquinone). CoEnzyme Q10 is solubilized in a base of rice bran oil and vitamin E to enhance absorption of co-enzyme Q10.

SUGGESTED USE

Adults take 1 softgel, 1–2 times daily with food, or as directed by a healthcare professional.

One softgel contains:

Co-enzyme Q10 (as ubiquinone) 100 mg

Other ingredients: Gelatin, glycerin, water, zinc oxide and annatto (softgel), rice bran oil, lecithin, vitamin E and beeswax. Contains soy.

Manufactured on equipment that processes peanuts. May contain traces of peanuts.

Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, preservatives, artificial colors, or flavors

Colon Health Support†

400 mg with Vitamin C

Product #	Size
10370	120 Capsules

DESCRIPTION

Colon Health Support is a gluten-free dietary supplement designed to help balance, soothe and replenish the gastrointestinal tract.†

SUGGESTED USE

Adults take 4 capsules daily between meals, or as directed by a healthcare professional.

Recommended amount can be divided throughout the day.

Four capsules contain:

Proprietary Balance Blend 1,395 mg

Soluble fiber (Fibersol-2 brand), psyllium seed husk, FOS, flax seed meal, apple pectin

Proprietary Soothe Blend 780 mg

N-acetyl glucosamine (from shrimp & crab), L-glutamine, peppermint, chamomile, aloe leaf powder, horsetail rush (*Equisetum Arvense*) herb powder, rosemary, ginger root powder

Please see the current Wellness Works product order form for current pricing.

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Antioxidant Blend.....190 mg
 Alfalfa powder, spirulina, beet juice powder, chlorella-cracked cell powder,
 parsley juice powder, broccoli powder, red raspberry powder, acerola berry juice powder,
 cranberry juice powder, watercress, blessed thistle

Detoxification Blend160 mg
 Arabinogalactans, bentonite clay, olive leaf extract, black walnut (green hull) powder,
 kelp, artichoke, burdock, garlic, dandelion root

Other ingredients: Vegetable cellulose, microcrystalline cellulose, vegetable stearate.

Cranberry Concentrate

400 mg with Vitamin C

Product #	Size
10042	60 Capsules

DESCRIPTION

Cranberry Concentrate contains 400 mg of 100% cranberry fruit solids to help support urinary tract health.†

SUGGESTED USE

Adults take 1 capsule with 8 ounces of water 3 times daily, or as directed by a healthcare professional.

One capsule contains:

Vitamin C (as ascorbic acid)50 mg
 Cranberry fruit powder 34:1400 mg
 (*Vaccinium macrocarpon*) (100% cranberry fruit solids)

Other ingredients: Gelatin and water (capsule), silica, and magnesium stearate.

Our Concentrated Cranberry contains the equivalent of 34 pounds of whole cranberries in each pound of cranberry powder. The cranberry powder consists of 100% cranberry fruit solids. Our Concentrated Cranberry contains a balance of naturally-occurring organic acids in their synergistic ratios. Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors.

Crave Control†

Supports Synthesis of Brain Reward Transmitters †

Product #	Size
10371	180 Capsules

DESCRIPTION

Crave Control supports the synthesis of the brain reward neurotransmitters resulting in a significant release of dopamine. The constant release of dopamine helps promote appetite suppression and reduced cravings.

SUGGESTED USE

6 capsules per day, 45 minutes before meals, or as directed by a healthcare professional.

Six capsules contain:

Vitamin C (as ascorbic acid)450 mg
 Vitamin B6 (as pyridoxal-5-phosphate)37.5 mg
 Folate500 mcg DFE
 (300 mcg folic acid)
 Calcium (as calcium citrate).....126 mg
 Magnesium (as magnesium citrate).....112.5 mg
 Chromium (as chromium picolinate)750 mcg
 DL-phenylalanine1.5 g
 L-tyrosine.....1.125 g
 L-glutamine.....562.5 mg
Rhodiola rosea root extract.....150 mg
 [standardized to 3% rosavins and 1% salidroside]
 L-5-hydroxytryptophan (L-5-HTP).....112.5 mg

Other ingredients: Gelatin and water (capsule), magnesium stearate, and silica.

Curcumin Complex

Product #	Size
10251	60 Vegetarian Capsules

DESCRIPTION

Turmeric is a traditional Indian culinary spice and Ayurvedic medicine that has been utilized for a wide array of medicinal purposes. Its most common traditional use has been to promote proper digestion. Even the German Commission E Monograph on turmeric describes it as an approved medicinal herb for dyspeptic (indigestion) conditions. In the last decade, turmeric has received tremendous attention and numerous clinical studies have confirmed its health-promoting effects and specifically supporting a healthy inflammatory response.†

SUGGESTED USE

Adults take 1 vegetarian capsule daily, or as directed by a healthcare professional.

One vegetarian capsule contains:

Turmeric Root Extract500 mg
 (*Curcuma longa*) (standardized to 95% [475 mg]
 curcuminoids from Curcumin C3 Complex)

Other ingredients: Cellulose and water (capsule), magnesium stearate and silica.

Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors.

DHEA 25 mg

Micronized Dehydroepiandrosterone

Product #	Size
10045	60 Capsules

DESCRIPTION

DHEA capsules contain highest purity micronized dehydroepiandrosterone (DHEA) produced under strict Good Manufacturing Practices (GMP) standards.

SUGGESTED USE

Adults 18 years or older hold nozzle 1" from mouth, spray once and swallow, or as directed by a healthcare professional. Shake well before each use. This product is not intended to be taken by anyone under 18 years of age.

One capsule contains:

DHEA (micronized)25 mg

Other ingredients: Vegetable cellulose (capsules) and vegetarian leucine.

DHEA is micronized to increase absorption. It is made with pure, pharmaceutical grade DHEA.

Gluten-Free, Vegetarian

DHEA 50 mg

Dehydroepiandrosterone

Product #	Size
10359	120 Capsules

DESCRIPTION

DHEA capsules contain highest purity dehydroepiandrosterone (DHEA) produced under strict Good Manufacturing Practices (GMP) standards.

SUGGESTED USE

Adults take 1 capsule daily with food, or as directed by a healthcare professional.

One capsule contains:

DHEA (micronized)50 mg

Other ingredients: Gelatin and water (capsule), rice powder, magnesium stearate and silica.
Contains NO sugar, salt dairy, yeast, what, gluten, corn, soy, preservatives, artifical colors or flavors.

DHEA Spray

Liposomal Delivery System

Product #	Size
10275	30 mL

DESCRIPTION

DHEA Spray is a soy free, convenient, easy to use supplement to help maintain normal levels of the DHEA hormone.†

SUGGESTED USE

Adults 18 years or older hold nozzle 1" from mouth, spray once and swallow, or take as directed by a healthcare professional. Shake well before each use. This product is not intended to be taken by anyone under 18 years of age.

One spray (0.2 mL) contains:

DHEA (Dehydroepiandrosterone).....	5 mg
Stevia Leaf Extract.....	0.4 mg

Other ingredients: Glycerin, water, ethyl alcohol, sunflower oil, oleic acid polyglyceride, sunflower lecithin, natural grape flavor, pectin and citric acid. Gluten-Free, Vegetarian, Non-GMO

Diabetes Balance†

Herbal, Vitamin and Mineral Product to Support Healthy Blood Sugar Metabolism ‡

Product #	Size
10305	60 Capsules
10307	120 Capsules

DESCRIPTION

Diabetes Balance is a complete product that addresses blood sugar function and promotes healthy balance and regulation.†

SUGGESTED USE

Adults take 3 capsules daily with food, or as directed by a healthcare professional.

Three capsules contain:

Vitamin E (as d-alpha tocopheryl succinate)	100 IU
Magnesium (as oxide, citrate)	400 mg
Zinc (as monomethionine)	15 mg
Magnesium (as citrate)	5 mg
Chromium (as chromium polynicotinate)	400 mcg
<i>Gymnema sylvestre</i> extract stem.....	400 mg
(Standardized to 25% [100 mg] gymnemic acids)	
Bitter melon extract fruit	200 mg
(Standardized to 7.5% [15 mg] bitter principles)	
Jerusalem artichoke extract fruit.....	100 mg
Fenugreek (<i>Trigonella foenum</i>) extract seed.....	100 mg
Citrus bioflavonoids	100 mg
Milk thistle (<i>Silybum marianum</i>) extract seed.....	50 mg
(Standardized to 80% [40 mg] silymarin)	
Alpha lipoic acid	25 mg
<i>Ginkgo biloba</i> extract leaf.....	20 mg
(Standardized to 24% [4.8 mg] flavoneglycosides	
& 6% [1.2 mg] terpene lactones)	
Billberry (<i>Vaccinium myrtillus</i>) extract fruit.....	20 mg

(Standardized to 25% [5 mg] anthocyanosides)	
Vanadium (as vanadyl sulfate).....	5 mg
<i>Lagerstromia speciosa</i> extract leaf.....	2.7 mg
(Standardized to 18% [0.48 mg] corosolic acid)	

Other ingredients: Gelatin and water (capsule), cellulose, magnesium stearate, and silica.

Contains NO sugar, salt, dairy, yeast, wheat, gluten, preservatives, artificial color or flavors.

Diet Support†

With *Garcinia Cambogia*

Product #	Size
10300	90 Capsules

DESCRIPTION

Diet Support is a combination of an herb and a mineral specifically designed to support sensible weight management programs such as those involving consistent, moderate dietary restriction and regular exercise.

SUGGESTED USE

Adults take 1–2 capsules, 3 times daily, 1 hour before mealtime, or as directed by a healthcare professional.

Two capsules contain:

<i>Garcinia Cambogia</i> fruit extract.....	1,000 mg
(Standardized to 60% (600 mg) Hydroxycitric acid)	
Chromium (as polynicotinate)	200 mcg

Other ingredients: Gelatin and water (capsule), cellulose, silica, and magnesium stearate.

Contains NO sugar, salt, dairy, yeast, wheat, corn, soy, artificial colors or preservatives

Digestive Enzymes

with Betaine

Product #	Size
10315	90 Tablets

DESCRIPTION

Digestive Enzymes with Betaine is a natural dietary digestive supplement specifically formulated with bile, active digestive enzymes, and betaine which acts synergistically to assist in the healthy functioning of fat, protein and carbohydrate digestion.

SUGGESTED USE

Adults take 2 tablets after each meal, or as directed by a healthcare professional.

Two tablets contain:

Betaine hydrochloride	330 mg
Pepsin 1:10,000	130 mg
Bromelain 2,400 GDU/g*.....	260 mg
(pineapple [<i>Ananas comosus</i> fruit] enzyme)	
Papain NF	260 mg
(papaya [<i>Carica papaya</i>] enzyme)	
Ox Bile Extract	260 mg
Pancreatin USP 8x.....	500 mg
Amylase.....	100,000 USP units
Protease	100,000 USP units
Lipase	22,000 USP units

Other ingredients: Dicalcium phosphate, cellulose, vegetable stearin acid, cellulose gum, fennel seed, peppermint leaf flavor, silica, magnesium stearate and food glaze with peppermint oil.

*GDU (Gelatin Digestive Units) are a measure of the relative strength of digestive aids.

Contains NO sugar, salt, dairy, yeast, wheat, corn, soy, preservatives, artificial colors or flavors.

Please see the current Wellness Works product order form for current pricing.

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Digestive Enzymes

Vegetarian

Product #	Size
10292	60 Vegetarian Capsules

DESCRIPTION

Digestive Enzymes (Vegetarian) is a comprehensive blend of enzymes that not only facilitate the digestion of macronutrients, but also enhance the digestion of hard to digest foods such as dairy, grains and legumes.†

SUGGESTED USE

Adults take 1 capsule immediately prior to mealtime, or as directed by a healthcare professional.

One vegetarian capsule contains:

Plant enzyme blend	383 mg
Amylase	(3,500 DU)
Glucosylase	(5.25 AGU)
Lipase	(350 FCCU)
Protease I pH 3.0	(15 SAPU)
Protease II pH 4.5	(20,000 HUT)
Protease III pH 6.0	(35,000 HUT)
Cellulase	(200 CU)
CereCalase™	(250 MU)
Alpha-Galactosidase	(75 GalU)
Lactase	(150 ALU)
Invertase	(150 SU)
Malt Diastase	(325 DP)
Peptidase	(2,500 HUT)
Bromelain	(650,000 FCCPU)
Papain	(250,000 FCCPU)

Other ingredients: Cellulose and water (capsule), magnesium stearate, silica, and cellulose.

Contains NO sugar, salt, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors.

Essential Minerals

With Trace Elements

Product #	Size
10052	100 Tablets

DESCRIPTION

Essential Minerals is a high potency mineral complex providing a comprehensive blend of both macrominerals and trace minerals to help meet the body's daily nutritional requirement of these nutrients.

SUGGESTED USE

Adults take 4 tablets daily with food, or as directed by a healthcare professional.

Four tablets contain:

Calcium (as citrate, carbonate, hydroxyapatite)	1000 mg
Vitamin D (as cholecalciferol)	100 IU
Iron (as amino acid chelate)	5 mg
Iodine (from Norwegian kelp)	225 mcg
Magnesium (as oxide, citrate)	500 mg
Zinc (as zinc methionine)	15 mg
Selenium (as L-selenomethionine)	100 mcg
Copper (as amino acid chelate)	1 mg
Manganese (as arginate)	10 mg
Chromium (as polynicotinate)	100 mcg
Molybdenum (as amino acid chelate)	50 mcg
Potassium (as citrate)	99 mg
Horsetail herb extract (<i>Equisetum arvense</i>)	100 mg
Vanadium (as amino acid chelate)	25 mcg
Boron (as citrate, aspartate, glycinate)	1 mg
Betaine hydrochloride	160 mg
Trace mineral blend (from bentonite clay)	20 mg

Other ingredients: May contain one or more of the following: Magnesium stearate, cellulose, modified cellulose gum, vegetable stearin, dicalcium phosphate, silica, and food glaze. Contains soy.

Contains NO added sugar, salt, dairy, wheat, gluten, yeast, corn, preservatives, artificial colors or flavors.

Essentials

Multi Vitamin & Mineral Without Iron

Product #	Size
10054	60 Vegetarian Tablets

DESCRIPTION

Essentials Multi Vitamin & Mineral Without Iron is a comprehensive high-potency multivitamin and mineral formula that provides high levels of most essential nutrients including the B-complex vitamins as well as vitamins A, C, D and E. This formula includes patented and trademarked ingredients, all of which are backed by scientific studies demonstrating their efficacy and safety.

SUGGESTED USE

Adults take 1 tablet daily with food, or as directed by a healthcare professional.

One vegetarian tablet contains:

Vitamin A (as beta carotene)	10,000 IU
Vitamin C (as ascorbic acid)	250 mg
Vitamin D (as cholecalciferol)	400 IU
Vitamin E (as d-alpha)	150 IU
Vitamin B-1	75 mg
Vitamin B-2 (as riboflavin)	75 mg
Niacin (as niacinamide)	75 mg
Vitamin B-6	75 mg
Folic Acid	400 mcg
Vitamin B-12	75 mcg
Biotin	75 mcg
Pantothenic acid	75 mg
Calcium (as amino acid chelate)	50 mg
Iodine (from kelp)	150 mcg
Magnesium (as amino acid chelate)	7.2 mg
Zinc (as methionine)	10 mg
Selenium (as L-selenomethionine)	35 mcg
Copper	1 mg
Manganese (as amino acid chelate)	6.1 mg
Chromium (as polynicotinate)	100 mcg
Molybdenum	50 mcg
Potassium (as amino acid chelate)	10 mg
Choline (as bitartrate)	30 mg
Inositol	75 mg
Para amino benzoic acid	75 mg
Citrus bioflavonoids	25 mg
Hesperidin complex	5 mg
Betaine hydrochloride	25 mg
Glutamic acid	25 mg
Rutin	25 mg

Other ingredients: Rice bran, alfalfa, parsley, watercress, natural vanilla. May contain one or more of the following: magnesium stearate, cellulose, modified cellulose, modified cellulose gum, vegetable stearin, dicalcium phosphate, silica, and food glaze. Contains soy.

Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, preservatives, artificial colors or flavors.

Essentials Performance

Multi Vitamin & Mineral

Product #	Size
10055	90 Vegetarian Tablets

DESCRIPTION

Essentials Performance combines a multivitamin and mineral formula with a whole-food base to provide the added support of nutrients not found in a typical multivitamin. Essentials Performance is a comprehensive food-based multi, which contains all essential vitamins and minerals along with nutrient dense food extracts, herbs and other plant-based bioactive compounds.

SUGGESTED USE

Adults take 3 tablets daily with food, or as directed by a healthcare professional.

Three Vegetarian tablets contain:

Vitamin A (as beta carotene).....	12,000 IU
Vitamin C (as calcium ascorbate).....	1000 mg
Vitamin D.....	400 IU
Vitamin E (as d-alpha tocopherol).....	250 IU
Vitamin B-1 (as thiamine HCl).....	25 mg
Vitamin B-2 (as riboflavin).....	25 mg
Niacin (as niacin, niacinamide).....	25 mg
Vitamin B-6 (as pyridoxine HCl).....	25 mg
Folic acid.....	400 mcg
Vitamin B-12 (as cobalamin).....	250 mcg
Biotin.....	50 mcg
Pantothenic acid.....	25 mg
Calcium (citrate, aspartate, glycinate).....	200 mg
Iron (citrate, aspartate, glycinate).....	5 mg
Iodine (from kelp).....	150 mcg
Magnesium (citrate, aspartate, glycinate).....	100 mg
Zinc (as methionine).....	10 mg
Selenium (as methionine).....	25 mcg
Copper (citrate, aspartate, glycinate).....	500 mcg
Manganese (citrate, aspartate, glycinate).....	4 mg
Chromium (as nicotinate).....	50 mcg
Molybdenum (as amino acid chelate, aspartate).....	50 mcg
Potassium (citrate, aspartate, glycinate).....	50 mg
Spirulina.....	900 mg
Klamath lake algae.....	100 mg
Wheat sprout concentrate.....	100 mg
Wheat grass juice.....	50 mg
Sprouted barley juice.....	50 mg
Chlorella (broken cell wall).....	50 mg
Choline bitartrate.....	50 mg
Inositol.....	25 mg
PABA.....	25 mg
Citrus bioflavonoids.....	100 mg
Quercetin.....	25 mg
Rutin.....	25 mg
Hesperidin.....	10 mg
Boron (citrate, aspartate, glycinate).....	1 mg
Silicon.....	5 mg
L-glutathione (reduced).....	5 mg
Bee pollen.....	100 mg
Eleutherococcus root.....	50 mg
Garlic.....	10 mg
Bromelain 2400 GDU/g*.....	20 mg
Betaine HCl.....	20 mg
Papain.....	20 mg
Amylase.....	5 mg
Lipase.....	5 mg

Cellulase.....	2.5 mg
L. acidophilus.....	20 mg
Oat bran.....	25 mg
Apple pectin.....	25 mg
Dandelion root.....	12 mg
Barberry.....	12 mg
Gentian root.....	12 mg
Ginger root.....	12 mg
Cayenne.....	12 mg

Other ingredients: Cellulose, modified cellulose gum, stearic acid, silica, magnesium stearate, and dicalcium phosphate. Contains soy.

*GDU (Gelatin Digestive Units) are a measure of the relative strength of digestive aids.

Contains NO sugar, salt, dairy, yeast, corn, preservatives, artificial colors or flavors.

Evening Primrose Oil

1,300 mg

Product #	Size
10058	60 Softgels

DESCRIPTION

Evening Primrose Oil provides a source of the omega-6 fatty acid gamma linolenic acid (GLA). The evening primrose oil used in this formula is derived from pure, expeller pressed, hexane-free oil. Hexane is a solvent that may be used to maximize oil extraction but is toxic. Expeller pressing produces little to no heat, which in turn, helps maintain the integrity of the fatty acids.

SUGGESTED USE

Adults take 1 softgel, 2–3 times daily with food, or as directed by a healthcare professional.

One softgel contains:

Calories.....	12
Calories from fat.....	12
Evening Primrose Seed Oil.....	1,300 mg
(<i>Oenothera biennis</i>).....	
Gamma Linolenic Acid (GLA).....	117 mg
Cis-Linoleic Acid.....	925 mg
Oleic Acid.....	70 mg
Palmitic Acid.....	78 mg

Other ingredients: Capsule (gelatin, glycerin, and water).

Our Evening Primrose Oil 1300 mg is 100% pure, cold, expeller-pressed and Hexane Free. It is derived from the seeds of the Evening Primrose, a high source of gamma-linolenic acid.

Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial color or flavors.

Extra Strength Probiotic

35 Billion Viable Cells per Capsule

Product #	Size
10224	30 Vegetarian Capsules

DESCRIPTION

Each Extra Strength Probiotic capsule contains over 35 billion beneficial organisms from *Lactobacillus* and *Bifidobacterium* genera with additional benefits of prebiotic fructooligosaccharides.

SUGGESTED USE

Adults take 1 capsule daily with food, or as directed by a healthcare professional.

Please see the current Wellness Works product order form for current pricing.

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One vegetarian capsule contains:

Proprietary probiotic blend	(35 billion cells per capsule)
<i>Lactobacilli acidophilus</i> (La-14)	
<i>Bifobacterium lactis</i> BI-04	
<i>Lactobacilli salvarius</i> (Lrs-33)	
<i>Lactobacilli plantarum</i> (Lp-115)	
<i>Bifidobacterium bifidum</i> (Bb-02)	
<i>Bifidobacterium longum</i> (BI-05)	
<i>Lactobacilli rhamnosus</i> (Lr-32)	
<i>Lactobacilli bulgaricus</i> (Lb-64)	
Prebiotic blend	50 mg
(FOS, FiberAid® arabinogalactans)	

Other ingredients: Cellulose and water (capsule), cellulose, silica, magnesium stearate, and calcium silicate.

Contains NO salt, dairy, wheat, gluten, preservatives, artificial colors or flavors.

Eye Health†**With Lutein and Lycopene**

Product #	Size
10274	90 Vegetarian Capsules

DESCRIPTION

Eye Health is a dietary supplement to maintain and support proper visual function. Eye Health contains 16 nutrients including antioxidants, vitamins, minerals and herbs that have been found to support optimal eye health and function.†

SUGGESTED USE

Adults take 1 capsule with food, 3 times daily, or as directed by a healthcare professional.

One vegetarian capsule contains:

Vitamin A (100% as beta-carotene)	5,000 IU
Vitamin C (as Ca ascorbate & ascorbic acid)	250 mg
Vitamin E (as d-alpha tocopheryl succinate)	30 IU
Riboflavin	5 mg
Vitamin B-12 (as methylcobalamin)	10 mcg
Zinc (as Zn citrate)	5 mg
Selenium (as L-selenomethionine)	25 mcg
Lutein	6.75 mg
Lycopene	5 mg
Zeaxanthin	1.35 mg
L-Glutathione	10 mg
Taurine	50 mg
Alpha Lipoic Acid	25 mg
Quercetin	30 mg
Eyebright (<i>Euphrasia officinalis</i>) Extract (4:1)	60 mg
Bilberry (<i>Vaccinium myrtillus</i> L.) Extract	40 mg

Other ingredients: Vegetable cellulose, microcrystalline cellulose, vegetarian leucine.

Gluten-Free, Vegetarian, Non-GMO

Flax Seed Oil**1000 mg / 100% Organic / Lignan Rich Virgin Oil**

Product #	Size
10062	100 Softgels

DESCRIPTION

Flax seed oil is nature's most concentrated source of alpha-linolenic acid (ALA), an essential omega-3 fatty acid. Flax Seed Oil provides 55–60% ALA as well as significant amounts of oleic acid and the essential linoleic acid in their natural triglyceride forms. Flax Seed Oil is extracted

without the damaging effects of heat, light and oxygen using a mechanical expeller press. Using this process, the oil is never exposed to temperatures above 96°F, and it retains its natural color and contents of naturally occurring fatty acids, phosphatides, vitamins, minerals and antioxidants.

SUGGESTED USE

Adults take 1 softgel, 1–2 times daily with food, or as directed by a healthcare professional.

One softgel contains:

Calories	10
Calories from fat	10
Total fat	1 gm
Flax seed oil*** (<i>Linum usitatissimum</i>)	1,000 mg
Alpha linolenic acid (ALA)	550 mg
Cis-linoleic acid (LA)	150 mg
Oleic acid	140 mg

Other ingredients: Gelatin, glycerin, water (capsule) and carob.

*** From organic flax seed oil. Flax oil is a source of alpha linolenic acid, cis-linoleic acid, and oleic acid.

Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, soy, preservative, artificial colors or flavors.

Folic Acid**800 mcg with Vitamin B-12**

Product #	Size
10063	200 Tablets

DESCRIPTION

Folic Acid 800 mcg supplies 200% of the recommended dietary intake for folic acid in an easy to swallow tablet.

SUGGESTED USE

Adults take 1 tablet daily with food, or as directed by a healthcare professional.

One tablet contains:

Folic Acid	800 mcg
Vitamin B-12 (as cyanocobalamin)	25 mcg

Other ingredients: Dicalcium phosphate, cellulose, vegetable stearin, cellulose gum, magnesium stearate, and silica.

Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors.

FOS Powder

Product #	Size
10246	5 oz Powder

DESCRIPTION

FOS Powder supplies 3,000 mg of fructooligosaccharides per serving.

SUGGESTED USE

Adults take 1 teaspoon daily with juice or water, or as directed by a healthcare professional.

One teaspoon contains:

Fructooligosaccharides (FOS)	3,000 mg
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Fruits and Greens Energy Drink

Nutrient-Rich Superfood Formulation

Product #	Size
10351	10.75 oz (304.8 g)

DESCRIPTION

Fruits and Greens Energy Drink is a great tasting, nutrient-rich superfood formula with whole food concentrates designed to provide synergistic phytonutrient nutrition. Fruits and Greens provides a blend of 100% natural fruit and vegetable extracts, vitamins, enzymes and symbiotic intestinal flora along with antioxidants, lignans and phytonutrients.

SUGGESTED USE

Mix 1 scoop in 8 ounces of water daily, or as directed by a healthcare professional.

One scoop (10.16 g) contains:

Calories.....	38
Total carbohydrate.....	9 g
Dietary fiber.....	0.5 g
Sugars.....	3 g
Vitamin C (as ascorbic acid).....	150 mg
Calcium.....	24 mg
Iron.....	0.6 mg
Sodium.....	30 mg
SuperFruitox Antioxidant Blend.....	2.92 g
Raspberry fruit extract, black raspberry fruit powder, blackberry fruit powder, papaya fruit powder, plum fruit powder, strawberry fruit powder, cranberry fruit powder, kiwi fruit powder, watermelon fruit powder, pomegranate fruit extract, quercetin dihydrate, grape seed extract, blueberry leaf extract, acerola berry powder, bilberry fruit extract, bromelain, black cherry fruit extract, organic acai berry powder, organic pomegranate fruit powder, organic raspberry fruit powder, organic bilberry fruit powder, organic blueberry fruit powder, lycium (goji) berry powder, mangosteen fruit powder, noni fruit powder	
Digestive Enzyme & Probiotic Blend.....	2.4 g
Fructooligosaccharides, <i>Lactobacillus acidophilus</i> , protease, amylase, lipase, cellulase, lactase, papain, <i>Lactobacillus casei</i> , <i>Lactobacillus rhamnosus</i> , <i>Bifidobacterium breve</i>	
Vegetable Antioxidant Blend.....	2.03 g
Carrot root powder, beet root powder, radish root powder, purple cabbage leaf powder, japanese knotweed root extract, green tea leaf extract, ginger root powder, turmeric root extract, kale leaf powder, kelp powder, chlorella cracked cell wall powder, alfalfa herb powder, spirulina powder, broccoli head powder	
Fiber Blend.....	1.73 g
Oat Bran powder, apple fruit powder, aloe vera leaf powder, prune fruit extract	
Other ingredients: Stevia, natural flavor, citric acid, and ascorbic acid.	
Berry flavor.	
Manufactured in a cGMP facility.	
Manufactured in a NSF-Sport Certified facility. Gluten-Free, Non-GMO	

GABA Calm ‡

Stress-Reducing Combination ‡

Product #	Size
10358	60 Vegetable Capsules†

DESCRIPTION

This combination of gamma-aminobutyric acid and L-theanine can help in reducing cortisol levels and stress during the day without causing sedation.‡

SUGGESTED USE

Adults take 2 capsules daily, or as directed by a healthcare professional.

Two capsules contain:

GABA.....	550 mg
(gamma-aminobutyric acid)	
L-theanine.....	200 mg

Other ingredients: Rice flour, vegetable capsule, magnesium stearate (vegetable source), silicon dioxide.

† Capsules are composed of plant-derived ingredients.

‡ As Suntheanine®, a registered trademark of Taiyo International, Inc.

Gluten-Free, Non-GMO

Ginkgo Biloba

Standardized Extract 120 mg

Product #	Size
10065	50 Vegetarian Capsules

DESCRIPTION

Ginkgo Biloba contains 120 mg of the herb *Ginkgo biloba* in a vegetarian capsule. The active ingredient ginkgo flavone glycosides can help protect the body's structure and function against damage from free radicals, as well as help to maintain healthy circulatory function and mental performance.‡

SUGGESTED USE

Adults take 1 vegetarian capsule daily with food, or as directed by a healthcare professional.

One vegetarian capsule contains:

<i>Ginkgo biloba</i> leaf extract 50:1.....	120 mg
(Standardized to: 24% [28.8 mg] flavoneglycosides, 6% [7.2 mg] terpene lactones and 0.8% [0.96 mg] ginkgolide B)	

Other ingredients: Cellulose and water (capsule), rice powder, magnesium stearate, and silica

Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors. Gluten-Free, Dairy-Free

Glucosamine & Chondroitin Plus

With Vitamin C & Bromelain

Product #	Size
10070	60 Tablets
10071	180 Tablets

DESCRIPTION

Glucosamine & Chondroitin Plus is formulated to help support healthy joint function by providing nutritional components necessary for cartilage synthesis and maintenance.‡

SUGGESTED USE

Adults take 3 tablets daily with food, or as directed by a healthcare professional.

Three tablets contain:

Calories.....	10
Total carbohydrates.....	2 g
Sodium.....	65 mg
Potassium.....	265 mg
Vitamin C (as ascorbic acid).....	400 mg
Manganese (as amino acid chelate).....	10 mg
Glucosamine sulfate.....	1,500 mg
(from 2,000 mg glucosamine sulfate potassium chloride)	
Chondroitin sulfate complex.....	1,200 mg
(Standardized to 90% [1,080 mg] chondroitin sulfate)	
Bromelain (<i>Ananas comosus</i> fruit extract).....	50 mg
(Standardized to 1,800 GDU*/gm)	

Please see the current Wellness Works product order form for current pricing.

‡ The statements contained herein have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

*GDU (Gelatin Digestive Units) are a measure of the relative strength of digestive aids.

Other ingredients: Dicalcium phosphate, cellulose, modified cellulose gum, magnesium stearate, and silica. Contains shellfish and soy.

Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, preservatives, artificial colors or flavors.

Gluten-Free, Dairy-Free

Glucosamine & MSM

Vegetarian and Shellfish Free

Product #	Size
10333	120 Tablets

DESCRIPTION

Glucosamine & MSM formula provides key nutraceuticals to help facilitate cartilage synthesis and stability, support a healthy inflammatory response and provide overall structural support to the joint tissue.

SUGGESTED USE

Adults take 1 tablet, 3 times daily with food, or as directed by a healthcare professional.

One tablet contains:

Potassium (from glucosamine sulfate potassium chloride)	85 mg
Glucosamine sulfate (from 667 mg of glucosamine sulfate potassium chloride)	500 mg
MSM (methylsulfonylmethane)	500 mg

Other ingredients: Cellulose, modified cellulose, vegetable stearin, cellulose gum, magnesium stearate, silica and food glaze.

Most glucosamine products are derived from shellfish. This form of glucosamine is shellfish free.

MSM is a naturally-occurring compounding that provides sulfur for many important physiological functions in the human body.

Contains NO sugar, salt, dairy, yeast, wheat, gluten, soy, preservatives, artificial colors or flavors.

Gluten-Free, Dairy-Free

Glucosamine Sulfate

750 mg for Support of Healthy Joint Function ‡

Product #	Size
10074	60 Vegetarian Capsules

DESCRIPTION

Glucosamine sulfate, a well-absorbed source of glucosamine, is an important precursor for the synthesis and maintenance of connective tissues.

SUGGESTED USE

As a dietary supplement, adults take 1 capsule, 2 times daily with food, or as directed by a healthcare professional.

One vegetarian capsule contains:

Potassium (from glucosamine sulfate potassium chloride)	125 mg
Glucosamine sulfate* (from 1,000 mg of glucosamine sulfate potassium chloride)	750 mg

Other ingredients: Cellulose and water (capsule), rice powder, magnesium stearate, and silica.

*GlucosaPure brand glucosamine sulfate potassium chloride. GlucosaPure is shellfish-free, eliminating the possibility of having a shellfish allergic reaction. GlucosaPure is the only patented, full-reacted glucosamine sulfate potassium chloride available (U.S. patent #5,843,923). GlucosaPure is a trademark of JFC Technologies.

Contains NO sugar, salt, dairy, yeast, wheat, gluten, soy, preservatives, artificial colors or flavors.

Gluten-Free, Dairy-Free, Shellfish-free, Vegan

Gluten Digestive Enzymes

Gluten-Specific Digestive Enzyme Formula

Product #	Size
10324	60 Vegetarian Capsules

DESCRIPTION

Gluten Digestive Enzymes is a natural dietary supplement specifically formulated with enzymes known to enhance the digestion of gluten. The addition of acidophilus and prebiotics further enhances the digestion of gluten in the diet.†

SUGGESTED USE

Adults take 2 vegetarian capsules approximately 10–15 minutes prior to a meal, or as directed by a healthcare professional.

Two vegetarian capsules contain:

Gluten enzyme formula	850 mg
Strong acid protease	75,000 HUT
(<i>Aspergillus oryzae/niger</i>)	
DPPzyme IV blend:	
Protease FCC	120,000 HUT
(<i>Aspergillus oryzae/niger</i>)	
Protease FCC	20,000 PC
(<i>Bacillus subtilis</i>)	
Protease USP	15,000 USP
(<i>Carica papaya</i>)	
Amylase I FCC (<i>Aspergillus oryzae</i>)	10,695 DU
Amylase II FCC (<i>Bacillus subtilis</i>)	6,150 BAU
Glucosylase FCC (<i>Aspergillus niger</i>)	15.5 AGU
Cellulase FCC (<i>Trichoderma reesei</i>)	520 CU
FloraFit™	3 mg
<i>Lactobacillus acidophilus</i> La-14 (500 million)**	
FiberAid® arabinogalactans***	10 mg
FOS	10 mg
Other ingredients: Cellulose and water (vegetarian capsule), cellulose, magnesium stearate, and silica.	

** FloraFit™ is a trademark of Danisco, a world leader in probiotics.

***FiberAid® is a registered trademark of Lonza Group, Ltd Switzerland.

Contains NO sugar, salt, yeast, wheat, gluten, soy, corn, preservatives, artificial colors or flavors.

Green Tea-70

High Concentration EGCG

Product #	Size
10320	60 Capsules

DESCRIPTION

GreenTea-70 contains a high yield of epigallo-catechin-3-gallate, an important nutrient that supports cardiovascular, joint, intestinal, liver and immune functions. It is also a potent free radical fighter and fat metabolizer.†

SUGGESTED USE

Adults take 1 capsule, 1–2 times daily, or as directed by a healthcare professional.

One capsule contains:

Green tea leaf extract	500 mg
Yielding: epigallo-catechin-3-gallate (EGCG)	350 mg

Other ingredients: Vegetable cellulose (capsule), microcrystalline cellulose.

Gluten-Free, Non-GMO, Vegetarian

Gut Restorative PRP

Product #	Size
10361	120 Capsules

DESCRIPTION

An all-natural supplement comprised of bovine colostrum for supporting a healthy immune system. Bovine colostrum is an abundant source of immunoglobulins, as well as live cells that secrete key proteins including cytokines, lactoferrin, and proline-rich polypeptides (PRP). Supplementing with bovine colostrum has been shown to bolster the lining of the gastrointestinal tract and fight inflammation.

SUGGESTED USE

Adults take 4 capsules, 2 times daily, or as directed by a healthcare professional.

Four capsules contain:

Protein	1 g
Colostrum (bovine)	1,720 mg
Typically provides:	
Immunoglobulin G (IgG)	550 mg
Other immunoglobulins (IgA, IgM)	44 mg
Proline-rich polypeptides (PRP)	80 mg
Lactoferrin	8 mg

Other ingredients: Cellulose (vegetable capsule), silica.

Contains milk proteins.

Contains NO soy, wheat, egg, fish, shellfish, tree nuts, peanuts, artificial colors or preservatives.

Hair, Skin & Nails (RF)

Product #	Size
10312	90 Tablets

DESCRIPTION

Hair, Skin & Nails provides a complete formula of vitamins, minerals and nutrients which have been shown to support healthy hair, skin and nails.†

SUGGESTED USE

Adults take 3 tablets daily with food, or as directed by a healthcare professional.

Three tablets contain:

Vitamin A (as palmitate)	5,000 IU
Vitamin C (as ascorbic acid)	60 mg
Vitamin D (as cholecalciferol)	200 IU
Vitamin E (as d-alpha tocopheryl succinate)	30 IU
Vitamin B-1 (as thiamin hydrochloride)	25 mg
Vitamin B-2 (as riboflavin)	25 mg
Niacin (as niacinamide)	20 mg
Vitamin B-6 (as pyridoxine hydrochloride)	25 mg
Folic acid	400 mcg
Vitamin B-12 (as cyanocobalamin)	100 mcg
Biotin	1,200 mcg
Pantothenic acid (as d-calcium pantothenate)	100 mg
Calcium (as carbonate, amino acid chelate)	300 mg
Magnesium (as oxide, amino acid chelate)	60 mg
Zinc (as monomethionine)	5 mg
Selenium (as L-selenomethionine)	200 mg
Copper (as amino acid chelate)	1 mg
Manganese (as amino acid chelate)	5 mg
MSM (methylsulfonylmethane)	200 mg
Horsetail leaf extract	100 mg
Choline (as bitartrate)	25 mg
Inositol	25 mg
PABA (as para aminobenzoic acid)	10 mg
Boron (as citrate, aspartate, glycinate)	1 mg

L-cysteine	300 mg
Citrus bioflavonoids	100 mg
Nettle leaf powder	100 mg
L-methionine	50 mg
Trace minerals	50 mg

Other ingredients: Cellulose, cellulose gum, vegetable stearin, silica, dicalcium phosphate and magnesium stearate.

Contains soy.

Contains NO sugar, salt, dairy, yeast, wheat, gluten, preservatives, artificial colors or flavors.

Gluten-Free, Dairy-Free

Herbal Intestinal Cleanse†

Orange flavor

Product #	Size
10357	11.77 oz (333.6 g)

DESCRIPTION

Herbal Intestinal Cleanse is a pleasant-tasting herbal formula designed to support comprehensive intestinal health and elimination. †

SUGGESTED USE

Adults mix 1 scoop in 10–12 ounces of water once daily as a dietary supplement, or as directed by a healthcare professional. Increasing daily water intake while using this product is recommended.

One scoop (approx. 11.12 g) contains:

Calories	40
Total carbohydrates	8 g
Dietary fiber	5 g
Protein	1 g
Calcium	80 mg
Iron	3 mg
Sodium	10 mg
Psyllium husk powder	5 g
Senna leaf powder	3 g
Fennel seed powder	450 mg
Papaya leaf powder	450 mg
Peppermint leaf powder	380 mg
Buckthorn bark powder	190 mg
Celery seed powder	190 mg
Barberry root bark powder	190 mg
Rose hips fruit powder	190 mg

Other ingredients: Citric acid, silicon dioxide, stevia leaf extract, and natural flavor.

Gluten-Free, Non-GMO

Hyaluronic Acid

Joint Health †

Product #	Size
10309	60 Vegetarian Capsules

DESCRIPTION

Hyaluronic Acid supplies 40 mg of non-animal source hyaluronic acid in each capsule.

SUGGESTED USE

Adults take 1 capsule, 1–2 times daily, or as directed by your healthcare professional.

One capsule contains:

Hyaluronic acid	40 mg
(HyaMax™ brand sodium hyaluronate)	

Please see the current Wellness Works product order form for current pricing.

† The statements contained herein have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

Sunflower lecithin100 mg
Salvia hispanica (seed) powder100 mg
 Other ingredients: Microcrystalline cellulose, vegetable cellulose (capsule), and vegetarian leucine.
 Gluten-Free, Vegetarian, Non-GMO

Immune Health Support[‡] With *Echinacea* & *Astragalus*

Product #	Size
10086	60 Capsules

DESCRIPTION

Immune Health Support is a comprehensive formula that provides essential vitamins and minerals for general nutritional support, and a generous supply of specialty agents specifically implicated in immune wellness. The synergistic combination of ingredients in Immune Health Support helps provide an ideal environment for optimal immune function.[‡]

SUGGESTED USE

Adults take 2 capsules, 3 times daily with food, or as directed by a healthcare professional.

Two capsules contain:

Vitamin A (as beta carotene)	2,500 IU
Vitamin C (as ascorbic acid)	100 mg
Vitamin B-6 (as pyridoxine HCl)	5 mg
Folic acid	400 mcg
Vitamin B-12 (as cyanocobalamin)	5 mcg
Pantothenic acid (as calcium pantothenate)	5 mg
Zinc (as monomethionine)	10 mg
<i>Echinacea angustifolia</i> root extract	100 mg
(Standardized to 4% [4 mg] echinacosides)	
<i>Astragalus membranaceus</i> root extract	250 mg
Maitake mushroom TD-fraction extract	25 mg
Maitake mushroom powder	100 mg
Shiitake mushroom powder	200 mg
Reishi mushroom powder	100 mg
<i>Ligustrum lucidum</i> fruit extract	100 mg
Goldenseal root (<i>Hydrastis canadensis</i>)	10 mg
Quercetin	50 mg
Garlic bulb powder (<i>Allium sativum</i>)	50 mg

Other ingredients: Gelatin and water (capsule), rice powder, magnesium stearate, and silica.

Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors. Gluten-Free, Dairy-Free

Immuno-DMG Chewable Immune Support for the Entire Family[‡]

Product #	Size
10319	120 Chewable Tablets

DESCRIPTION

Immuno-DMG Chewable is an advanced nutritional supplement that combines 10 powerful nutrients including N-dimethylglycine (DMG) and larch tree to help support immune wellness.[‡] It also includes a purified D-fraction from maitake mushroom and beta1,3 glucans along with vitamins D, C, E, zinc and black elderberry.

SUGGESTED USE

Adults (Age 18 and above): Chew 1 tablet 2–4 times daily.

Teens (Age 12–17): Chew 1 tablet twice daily. Not to exceed 2 tablets daily.

Children (Ages 4–11): Chew 1 tablet daily. Not to exceed 1 tablet daily.

Or, as directed by a healthcare professional.

One chewable tablet contains:

Calories	10
Total carbohydrates	3 gm
Vitamin C	125 mg
Vitamin D3	250 IU
Vitamin E	50 IU
Zinc	2.5 mg
Black elderberry 4:1 fruit extract	40 mg
N,N-dimethylglycine HCl	100 mg
Larch tree arabinogalactan powder	113.5 mg
Beta 1,3 glucan	50 mg
<i>Astragalus</i> root powder	25 mg
Maitake PD fraction powder	8.5 mg
Stevia leaf extract	20 mg

Other ingredients: Xylitol, mannitol, stearic acid, vegetable stearate, natural strawberry flavor, natural raspberry flavor, silicon dioxide, natural peach flavor.

Inflam-Enz

Innovative Synergistic Formula to Help Manage Pain and Inflammation[‡]

Product #	Size
10363	270 g

DESCRIPTION

The complex formulation of synergistic ingredients can be helpful for joint comfort, mobility, flexibility, and muscle and joint comfort. The once daily administration can be helpful for the overall management of pain and inflammation from various sources.[‡]

SUGGESTED USE

As a dietary supplement, adults mix 1 scoop in 8-10 ounces of water and take daily, or as directed by a healthcare professional.

1 scoop (9 g) contains:

Calories	35
Total Carbohydrates	8 gm
Vitamin C	1 mg
Calcium	25 mg
Cetyl myristoleate (CMO) complex	1000 mg
Proprietary proteolytic enzyme blend containing	
pancreatin, bromelain, papain, pepsin and protease	930 mg
N, N-dimethylglycine (DMG)	250 mg
Curcumin C3 complex	200 mg
Yielding curcuminoids	190 mg
Boswellia serrata gum extract	200 mg
Yielding boswellic acid	130 mg

Ginger (<i>Zingiber officinale</i>) root extract	50 mg
Yielding gignerals	2.5 mg
Rutin	200 mg
Luteolin (from perilla leaf extract).....	8 mg
Cayenne (<i>capsicum annum</i>) pepper	5 mg
Stevie leaf extract.....	100 mg

Other ingredients: Digestions resistant maltodextrin, orange powder, natural orange flavor, citric acid, tricalcium phosphate, silicon dioxide.

InflamMove

Support for Natural Inflammatory Response ‡

Product #	Size
10318	90 Vegetarian Capsules

DESCRIPTION

InflamMove is a blend of standardized botanical extracts and enzymes to support normal, healthy inflammatory response.‡

SUGGESTED USE

Adults take 3 capsules up to 2 times daily prior to mealtime, or as directed by a healthcare professional.

Three vegetarian capsules contain:

Turmeric (<i>Curcuma longa</i>) rhizome extract	200 mg
Ginger (<i>Zingiber officinale</i>) rhizome extract	150 mg
White Willow (<i>Salix alba</i>) bark extract	200 mg
<i>Boswellia serrata</i> gum resin extract	200 mg
Devil's claw (<i>Harpagophytum procumbens</i>) root extract	300 mg
Proprietary enzyme/herbal blend	150 mg
Protease (50,000 HUT), papain (18,000 PU), bromelain (2,400 GDU), trans-resveratrol (<i>Polygonum cuspidatum</i>) root extract, and	
LeucoSelect® phytosome™ grape seed (<i>Vitis vinifera</i>) extract	

Other ingredients: Cellulose and water (vegetarian capsule), cellulose, magnesium stearate, and silica.

Natural color variations may occur in this product.

Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors. Gluten-Free, Vegetarian

Iron

25 mg as Amino Acid Chelate & Gluconate

Product #	Size
10090	100 Tablets

DESCRIPTION

Chelated iron is a nutritionally functional iron amino acid chelate with documented high bioavailability, excellent tolerability and low toxicity.

SUGGESTED USE

Adults take 1 tablet daily with food, or as directed by a healthcare professional.

One tablet contains:

Iron (as amino acid chelate, gluconate)	25 mg
Other ingredients: Cellulose, cellulose gum, vegetable stearin, dicalcium phosphate, silica, magnesium stearates, and food glaze.	

Contains NO sugar, salt, dairy, wheat, yeast, gluten, corn, preservatives, artificial colors or flavors.

Gluten-Free, Dairy-Free

Joint Health Support‡

With Glucosamine & MSM

Product #	Size
10091	90 Tablets

DESCRIPTION

Supporting a healthy balance between the processes of cartilage synthesis and degradation is crucial for proper functioning of the joints. Joint Health Support provides key nutraceuticals to help support a healthy inflammatory response, facilitate cartilage synthesis and provide antioxidant support.‡

SUGGESTED USE

Adults take 3 tablets daily with food, or as directed by a healthcare professional.

Three tablets contain:

Vitamin C (as ascorbic acid)	100 mg
Niacin (as niacinamide)	25 mg
Pantothenic acid (as d-cal pantothenate)	25 mg
Manganese (amino acid chelate)	10 mg
Glucosamine sulfate	1,000 mg
(from 1,333 mg of glucosamine sulfate potassium chloride)	
Chondroitin sulfate complex	100 mg
(Standardized to 90% [90 mg] chondroitin sulfate)	
<i>Boswellia serrata</i> extract	100 mg
(Standardized to 40% [40 mg] boswellic acids)	
MSM (methylsulfonylmethane)	100 mg
Turmeric root extract	50 mg
(Curcuma longa standardized to 95% [47.5 mg] curcumin)	
Bromelain	25 mg
(Standardized to 2,400 GDUs/g)	
Grape seed extract (<i>Vitis vinifera</i>)	10 mg
Quercetin	10 mg
Ginger root powder (<i>Zingiber officinale</i>)	50 mg
L-proline	50 mg

Other ingredients: Cellulose, vegetable stearin, cellulose gum, silica, magnesium trisilicate, magnesium stearate, dicalcium phosphate and modified cellulose. Contains shellfish and soy.

Contains NO sugar, dairy, yeast, wheat, gluten, corn, preservatives, artificial colors or flavors.

Gluten-Free, Dairy-Free

Kelp

Supplies 225 mcg Iodine

Product #	Size
10093	500 Tablets

DESCRIPTION

Each tablet contains 45 mg of processed seaweed harvested from the North Atlantic and standardized to provide 225 mcg of iodine per tablet.

SUGGESTED USE

Adults take 1 tablet daily with food, or as directed by a healthcare professional.

One tablet contains:

Iodine (from kelp)	225 mcg
Kelp	45 mg

Other ingredients: May contain one or more of the following: Magnesium stearate, cellulose, vegetable stearin, dicalcium phosphate, and silica.

Contains NO salt, dairy, yeast, wheat, corn, soy, preservatives, artificial colors or flavors.

Please see the current Wellness Works product order form for current pricing.

‡ The statements contained herein have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

L-Arginine 500 mg

Supports Nitric Oxide Formation

Product #	Size
10284	100 Vegetarian Capsules

DESCRIPTION

L-arginine is a conditionally essential amino acid. In that role, L-arginine supports nitric oxide formation, which is important for healthy dilation of blood vessels, circulation and blood flow. In trials, L-arginine has demonstrated the potential to support endothelial function in blood vessels, platelet function, exercise tolerance and sexual function. Typically the body is able to manufacture sufficient quantities of L-arginine. However, in certain conditions, such as aging, cardiovascular disease and trauma, arginine synthesis is reduced and requirements increased. L-arginine is necessary for the synthesis of creatine phosphate (PCr), which is essential for the synthesis of ATP, the source of energy in the mitochondria, particularly in muscle tissue. Vitamin B-6 is included in this formulation and serves as an essential nutrient for the metabolism of amino acids in the body.

SUGGESTED USE

Adults take 1 capsule, 2–6 times daily between meals, or as directed by a healthcare professional.

One vegetarian capsule contains:

Vitamin B-6.....	10 mg
(as pyridoxine hydrochloride)	
L-arginine	500 mg

Other ingredients: Cellulose and water (capsule), magnesium stearate, silica and vegetable stearin.

Vitamin B-6 is paired with L-arginine because of its role in metabolizing amino acids.

Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors, or flavors. Gluten-Free, Dairy-Free

L-Carnitine

500 mg with Vitamin B-6

Product #	Size
10095	30 Tablets

DESCRIPTION

L-carnitine supplements supply pure, natural L-carnitine in tablet form. L-carnitine has demonstrated the ability to promote oxygenation of heart muscle, support cardiovascular energy, enhance endurance training and maintain healthy lipid metabolism.[‡]

SUGGESTED USE

Adults take 1 tablet daily between meals, or as directed by a healthcare professional.

One tablet contains:

Vitamin B-6.....	10 mg
(as pyridoxine HCl)**	
CarniPure™***	
(L-carnitine L-tartrate).....	500 mg

Other ingredients: Cellulose, vegetable stearin, cellulose gum, dicalcium phosphate, silica, magnesium stearate, modified cellulose, and food glaze.

**Vitamin B-6 is a cofactor in the metabolism of amino acids.

*** CarniPure™ offers the purest L-carnitine and is a trademark of Lonza Ltd, Switzerland.

Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors.

Gluten-Free, Dairy-Free

L-Glutamine

Gastro-Intestinal Support[‡]

Product #	Size
10096	100 Tablets

DESCRIPTION

L-glutamine is utilized by the body for tissue repair, GI tract support and natural defense system function.[‡] L-Glutamine 500 mg tablets contain 500 mg of pure crystalline L-glutamine (USP).

SUGGESTED USE

Adults take 1 tablet, 1–3 times daily with food, or as directed by a healthcare professional.

One tablet contains:

L-glutamine.....	500 mg
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Other ingredients: Dicalcium phosphate, cellulose, vegetable stearin, cellulose gum, modified cellulose, silica, and magnesium stearate.

Our L-Glutamine is a pure crystalline, free form amino acid.

Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors. Gluten-Free, Dairy-Free

L-Glutamine Powder

Gastro-Intestinal Support[‡]

Product #	Size
10097	300 g Powder

DESCRIPTION

L-glutamine is utilized by the body for tissue repair, GI tract support and natural defense system function.[‡] L-Glutamine Powder provides 4 grams of pure L-glutamine (USP) per teaspoon.

SUGGESTED USE

Adults take 1 teaspoon in 8 ounces of water, 1–3 times daily, or as directed by a healthcare professional.

One teaspoon contains:

L-Glutamine	5,000 mg
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Our L-Glutamine powder is 100% free-form amino acid.

Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors.

L-Lysine

500 mg

Product #	Size
10099	100 Tablets

DESCRIPTION

L-lysine supplies 500 mg of the amino acid in each tablet.

SUGGESTED USE

Adults take 1 tablet, 1–3 times daily between meals, or as directed by a healthcare professional.

One tablet contains:

L-lysine (as hydrochloride).....	500 mg
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Other ingredients: Cellulose, vegetable stearin, dicalcium phosphate, cellulose gum, magnesium stearate, silica and food glaze.

Our L-lysine is a pure crystalline, free form amino acid.

Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors. Gluten-Free, Dairy-Free

L-Theanine

Product #	Size
10226	60 Vegetarian Capsules

DESCRIPTION

L-theanine is responsible for promoting relaxation in part by downward modulating cortisol levels which is helpful in reducing the effects of stress.[†] L-Theanine supplies 100 mg of pure L-theanine in each vegetarian capsule.

SUGGESTED USE

Adults take 1 vegetarian capsule, 1–3 times daily, or as directed by a healthcare professional.

One vegetarian capsule contains:

L-Theanine***100 mg

Other ingredients: Cellulose and water (vegetarian capsules), cellulose, magnesium stearate, and silica.

***From SunTheanine®, a 100% pure, patented source of L-Theanine manufactured in Japan by Taiyo International. SunTheanine® has been extensively evaluated in many scientific studies and shown to promote relaxation and deep, restful sleep without causing drowsiness or other unwanted side effects.

Contains NO sugar, salt, dairy, yeast, wheat, gluten, soy, corn, preservatives, artificial colors or flavors. Gluten-Free, Dairy-Free

Libido Health

Libido Support for Men and Women ‡

Product #	Size
10287	90 Vegetarian Capsules

DESCRIPTION

Libido Health is designed to address those factors that may contribute to sexual dysfunction in men and women, such as energy level, hormone balance, circulation and nervous system function.

SUGGESTED USE

Women: Take 1 capsule on an empty stomach, 2 times daily as needed.

Men: Take 1 capsule on an empty stomach, 3 times daily as needed.

Or, take as directed by a healthcare professional.

The effects of this formula may begin several hours after ingestion and may last all day.

For long-term use: Take recommended amount in intervals of 2 weeks on and 2 weeks off.

One Vegetarian capsule contains:

N, N-dimethylglycine HCl (DMG)83.33 mg

Proprietary blend of:

Ashwagandha root powder, *Epimedium sagittatum* (horny goat weed) herb powder, *Tribulus Terrestris* (puncture vine) root powder, *rhodiola rosea* rhizome powder, catuaba 4:1 bark extract

Damiana 4:1 leaf extract450 mg

Maca (*Lepidium meyenii*) root powder66.66 mg

Muira puama 4:1 Root Extract66.66 mg

Tongkat ali root powder16.66 mg

(*Eurycoma longifolia*)

Cnidium monnieri seed powder8.33 mg

Other ingredients: Vegetable cellulose (capsule), microcrystalline cellulose, silicon dioxide.

Gluten-Free, Vegetarian, Non-GMO

Liposomal Glutathione 250 mg

Enhanced Absorption Liposomal Glutathione

Product #	Size
10325	60 Softgels

DESCRIPTION

Liposomal Glutathione provides powerful antioxidant and cellular function support in an enhanced absorption form.[†]

SUGGESTED USE

Adults take 1 capsule, 2 times daily, or as directed by a healthcare professional.

One softgel capsule contains:

Glutathione250 mg

Other ingredients: Titanium dioxide, olive oil, beeswax, gelatin, purified water, and BioGlute™ complex (proprietary blend of glutathione and essential phospholipids).

This product contains NO hydroxylated lecithin.

Lutein Plus

20 mg

Product #	Size
10100	30 Capsules

DESCRIPTION

Lutein Plus is extracted from marigold flower petals, a potent natural source. In addition, each capsule provides a synergistic blend of several green foods including spinach and broccoli.

SUGGESTED USE

Adults take 1 capsule, 1–3 times daily with food, or as directed by a healthcare professional.

One capsule contains:

Vitamin E (as natural mixed tocopherols)**1 IU

Lutein20 mg

(from marigold [*Calendula officinalis*] flowers)**

Zeaxanthin880 mcg

(from marigold [*Calendula officinalis*] flowers)**

Bilberry fruit powder (*Vaccinium myrtillus*)25 mg

Other ingredients: Capsules (gelatin, water), cellulose, spinach powder, rosemary extract powder, magnesium stearate, and silica.

**From FloraGLO™, a patented extract of marigold blossoms containing lutein (U.S. Patents 5,382,714 & 5,648,564). FloraGLO is crystalline-free lutein with added natural vitamin E and rosemary leaf extract to improve stability and shelf life. FloraGLO is a trademark of Kemin Foods, L.C.

Contains NO salt, dairy, yeast, wheat, gluten, artificial colors or flavor. Gluten-Free, Dairy-Free

Please see the current Wellness Works product order form for current pricing.

† The statements contained herein have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

Magnesium Chelate 400 mg

400 mg

Product #	Size
10303	90 Tablets

DESCRIPTION

Magnesium Chelate 400 mg is a nutritionally functional magnesium amino acid chelate with excellent bioavailability. Each tablet delivers 133 mg of elemental magnesium as a bis-glycinate/lysinate chelate, or 400 mg per 3 tablet serving.

SUGGESTED USE

Adults take 3 tablets daily, or as directed by healthcare professional.

Three tablets contain:

Magnesium (amino acid chelate).....400 mg

Other ingredients: Cellulose, cellulose gum, vegetable stearin, and magnesium stearate.

Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors. Gluten-Free, Dairy-Free

Magnesium Glycinate Powder 1,000 mg / Scoop

High-Potency Magnesium Supplement

Product #	Size
10343	100 g (3.53 oz)

DESCRIPTION

Magnesium Glycinate Powder 1,000 mg/Scoop features the most rapidly absorbed salt of magnesium in an easy-to-use, water-soluble powder.

SUGGESTED USE

Adults mix ½–1 scoop with water at bedtime, or as directed by a healthcare professional.

One scoop (1 g) contains:

Magnesium Glycinate.....1,000 mg

Magnesium & Potassium Aspartate 299 mg

Product #	Size
10349	90 Capsules

DESCRIPTION

Magnesium & Potassium Aspartate 299 mg is a valuable enzyme activator for a number of physiological functions, including acid-alkaline balance. Magnesium & Potassium capsules deliver 200 mg of elemental magnesium and 99 mg of potassium in their bioavailable aspartate forms.

SUGGESTED USE

Adults take 3 capsules daily with food, or as directed by a healthcare professional.

Three capsules contain:

Magnesium200 mg
(as magnesium malate and magnesium aspartate)

Potassium (as potassium aspartate).....99 mg

Other ingredients: Rice flour, pullulan (capsule), glycerol behenate, modified food starch with medium chain triglycerides, and silicon dioxide.

Contains NO sugar, yeast, corn, wheat, soy, preservatives, artificial colors or flavors.

Male Virility Support ‡

Product #	Size
10253	60 Capsules

DESCRIPTION

Male Virility Support is a proprietary male formula that has been synergized with an herbal blend to support the processes involved in promoting a healthy male sex drive, energy and stamina.

SUGGESTED USE

Men take 2 capsules daily with food, or as directed by a healthcare professional.

Two capsules contain:

Virilomax™ proprietary blend**750 mg

Horny goat weed (*Epimedium sagittatum*) aerial parts standardized to 10% icariins, fenugreek seed extract, and muira puama (*Ptychopetalum olacoides*) bark and root powder.

Synergized with T Pump herbal activator**750 mg

Kola nut seed extract, maca (*Lepidium meyenii*) root powder, *Tribulus terrestris* aerial parts powder, Damiana (*Tournefortia diffusa*) leaf powder, and Korean ginseng root powder.

Other ingredients: Gelatin and water (capsule), cellulose, stearic acid, magnesium stearate and silica.

**ViriloMax™ is an herbal libido formula that's potentiated with the proprietary T Pump herbal activator to support men's sexual health and normal healthy testosterone levels.

Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors.

Gluten-Free, Dairy-Free

Marine Fish Oils

1,000 mg / Natural Source of Omega-3 Fatty Acids

Product #	Size
10306	100 Softgels

DESCRIPTION

Marine Fish Oils contains a marine lipid concentrate that has been processed by molecular distillation. Our formula is an excellent source of omega-3 fatty acids, providing eicosapentaenoic acid (EPA, 18%) and docosahexaenoic acid (DHA, 12%) in their natural triglyceride form.

SUGGESTED USE

Adults take 1 softgel 2 times daily with food, or as directed by a healthcare professional.

One softgel contains:

Calories.....10

Calories from fat10

Total fat1 g

Saturated fat0 g

Monounsaturated fat0 g

Polysaturated fat5 g

Cholesterol10 mg

Fish oil concentrate1,000 mg

Providing:

Eicosapentaenoic acid (EPA) [18%]180 mg

Docosahexaenoic acid (DHA) [12%]120 mg

Total omega-3 fatty acids.....300 mg

Other ingredients: Gelatin, glycerin and water (softgel) and vitamin E.

Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, preservatives, artificial colors or flavors.

Gluten-Free, Dairy-Free

Melatonin

3 mg Sustained Release

Product #	Size
10369	60 Tablets

DESCRIPTION

Melatonin Sustained Release tablets contain 3 mg of the purest pharmaceutical grade melatonin, in a sustained-release tablet formulation.

SUGGESTED USE

Adults take 1 tablet, 1 hour before bedtime, or as directed by a healthcare professional.

One tablet contains:

Melatonin.....3 mg

Other ingredients: Dicalcium phosphate, microcrystalline cellulose, methocel E4M, powdered vegetable stearine, silicon dioxide, magnesium stearate.

Melatonin

3 mg with Vitamin B-6

Product #	Size
10107	60 Tablets

DESCRIPTION

Melatonin capsules contain 3 mg of the highest purity melatonin produced under strict Good Manufacturing Practices (GMP) standards.

SUGGESTED USE

Adults take 1 tablet 20 minutes before bedtime, or as directed by a healthcare professional. Do not exceed 1 tablet per 24 hours.

One tablet contains:

Vitamin B-6 (as pyridoxine HCl).....10 mg

Melatonin.....3 mg

Other ingredients: Dicalcium phosphate, cellulose, cellulose gum, vegetable stearin, magnesium stearate and silica.

Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors. Gluten-Free, Dairy-Free

Melatonin Liposomal Spray

Supports Normal Sleep[‡]

Product #	Size
10316	1.0 fl oz (30 mL)

DESCRIPTION

Melatonin Liposomal Spray contains 3 mg of the highest purity pharmaceutical grade melatonin per serving (2 sprays) in a liposomal delivery system.

SUGGESTED USE

Hold nozzle 1" from mouth, spray 2 times and swallow, or as directed by a healthcare professional. Shake well before each use.

Two sprays (0.4 mL) contain:

Melatonin.....3 mg

Other ingredients: Glycerin, water, sunflower lecithin, oleic acid, citric acid, polyglyceride, citric acid, xanthan gum, orange oil and rosmarinic acid. Gluten-Free, Vegetarian

Memory Plus

Enhances Memory Retention and Clarity[‡]

Product #	Size
10270	60 Vegetarian Capsules

DESCRIPTION

Memory Plus is a synergistic combination of nutrients which can be helpful in enhancing mental clarity, improving memory retention and improving attention.[‡]

SUGGESTED USE

Adults take 2 capsules, 1–2 times per day, or as directed by your healthcare professional.

Two vegetarian capsules contain:

N-acetyl L-carnitine (HCl).....500 mg

Phosphatidylserine100 mg

Nattokinase100 mg

Bacopa monnieri leaf extract100 mg

Yielding bacosides 20 mg

DMAE (dimethylaminoethanol).....100 mg

Ginkgo leaf extract.....40 mg

Vinpocetine10 mg

Alpha R-lipoic acid5 mg

Huperzine A38 mcg

(Huperzine serrata 1%)

Other ingredients: Vegetable cellulose (capsule), microcrystalline cellulose, and vegetarian leucine. Contains soy.

Menopause Support[‡]

With Isoflavones and Black Cohosh

Product #	Size
10108	60 Tablets

DESCRIPTION

Menopause Support is an effective formula incorporating a blend of herbs to help support a woman's health during normal mid-life changes.[‡]

SUGGESTED USE

Adults take 2 tablets daily with food, or as directed by a healthcare professional.

Two tablets contain:

Vitamin D (as cholecalciferol)50 IU

Vitamin E (as d-alpha)200 IU

Vitamin B-1 (as thiamin hydrochloride)10 mg

Vitamin B-2 (as riboflavin).....10 mg

Niacin (as niacinamide).....10 mg

Vitamin B-6 (as pyridoxine hydrochloride).....10 mg

Vitamin B-12 (as cyanocobalamin)25 mcg

Calcium (as carbonate, citrate)100 mg

Magnesium (as oxide, citrate)100 mg

Soy (*Glycine max*) bean extract500 mg

(Standardized to 2.5–3.5% [12.5–17.5 mg] isoflavones)

Black cohosh root extract80 mg

(as *Cimicifuga racemosa* standardized to 2.5% [2 mg]

triterpene glycosides)

Red clover blossom extract.....100 mg

(Standardized to 8% [8 mg] isoflavones)

Dong Quai (*Angelica sinensis*) root10 mg

Chasteberry (*Vitex agnus-castus*) fruit10 mg

Please see the current Wellness Works product order form for current pricing.

[‡] The statements contained herein have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

Licorice (*Glycyrrhiza glabra*) root powder10 mg
 Other ingredients: Cellulose, dicalcium phosphate, cellulose gum, vegetable stearin, modified cellulose, magnesium stearate, and silica.
 Contains NO dairy, yeast, wheat, gluten, corn, preservatives, artificial colors or flavors.
 Gluten-Free, Dairy-Free

Methylation Basics

3,000 mcg

Product #	Size
10367	60 Capsules

DESCRIPTION

Because multiple roadblocks to healthy methylation may exist, Methylation Basics provides the most active and bioavailable forms of its ingredients to support the provision of methyl groups and the remethylation of homocysteine to methionine.†

SUGGESTED USE

Adults take 1 capsule daily, or as directed by your healthcare professional.

One capsule contains:

Riboflavin	25 mg
Vitamin B-6 (as 75 % pyridoxine HCl and 25% pyridoxal 5-phosphate)	50 mg
Folate	2,500 mcg
(as [6S]-5-methyltetrahydrofolic acid from 5,000 mcg of Quatrefolic® [6S]-5-methyltetrahydrofolic acid, glucosamine salt)	
Vitamin B-12	1,000 mcg
(as methylcobalamin)	
Trimethylglycine (betain anhydrous).....	500 mg
Other ingredients: Hypromellose (capsule), microcrystalline cellulose, vegetarian leucine.	

Methyl B-12 Lozenges

3,000 mcg

Product #	Size
10302	50 Lozenges

DESCRIPTION

Methylcobalamin is the coenzyme form of vitamin B-12 and is the form of vitamin B-12 that exists in the body. Most other forms of vitamin B-12 require some level of conversion once they are ingested. Methylcobalamin requires no conversion and is the most active and effective form of vitamin B-12.

SUGGESTED USE

Use 1 lozenge daily, or as directed by a healthcare professional. Allow lozenge to dissolve in the mouth.

One lozenge contains:

Vitamin B-6 (as pyridoxine HCl)	10 mg
Folic acid	400 mcg
Vitamin B-12	3,000 mcg
(as methylcobalamin)	
Biotin	300 mcg
Other ingredients: Fructose, sorbitol, cellulose, gum, natural cherry flavor, vegetable stearin, carmine, luo han quo fruit extract, silica, mannitol and dextrose.	
Contains NO salt, dairy, yeast, wheat, gluten, soy, preservatives, artificial colors or flavors.	
Gluten-Free, Dairy-Free	

Methylcobalamin B-12 Spray

1,000 mcg

Product #	Size
10304	1.0 fl oz (30 mL)

DESCRIPTION

Methylcobalamin B-12 Spray provides 1,000 mcg of highly bioavailable vitamin B-12 in an easy to use spray.

SUGGESTED USE

Hold nozzle 1" from mouth, spray 1 time and swallow. Use once daily or as directed by a health-care professional. Shake well before each use.

One spray (0.2 mL) contains:

Folic Acid	100 mcg
Vitamin B-6	2 mg
(as pyridoxal 5-phosphate)	
Vitamin B-12	1,000 mcg
(as methylcobalamin & hydroxocobalamin)	
Other ingredients: Glycerin, water, and potassium citrate. Gluten-Free, Vegetarian	

Migraine Clear†

Helps Reduce Frequency and Intensity of Cranial Vascular Disturbances ‡

Product #	Size
10290	120 Capsules

DESCRIPTION

Migraine Clear contains the most documented and effective nutraceuticals presently known to help support the vascular system in the brain. These ingredients act synergistically to assist in quenching inflammation and reducing histamine and serotonin induced vasospasm.

SUGGESTED USE

Adults take 2 capsules twice daily, or as directed by a healthcare professional.

Two capsules contains:

Riboflavin	190 mg
(as riboflavin-5-phosphate)	
Magnesium	100 mg
(from magnesium citrate)	
Ginger (<i>Zingiber officinale</i>).....	250 mg
root extract (5% gingerols)	
Feverfew (<i>Tanacetum parthenium</i>)	50 mg
(standardized to 2% parthenolide)	
Butterbur (<i>Petasites hybridus</i>) root	50 mg
(6:1)	
Ginkgo (<i>Ginkgo biloba</i>)	40 mg

Other ingredients: HPMC vegetable capsule, microcrystalline cellulose, magnesium stearate, and silicon dioxide.

Milk Thistle Plus

175 mg Standardized Extract with Artichoke

Wellness Works #	Size
10110	60 Capsules

DESCRIPTION

Milk Thistle Plus capsules contain 175 mg of milk thistle extract, standardized to contain a minimum of 80% silymarin. Milk Thistle Plus capsules are free of lactose and other common allergens.

SUGGESTED USE

Adults take 1 capsule, 3 times daily with food, or as directed by a healthcare professional.

One capsule contains:

Milk thistle seed extract (<i>Silybum marianum</i>) (Standardized to 80% [140 mg] silymarin)	175 mg
Turmeric root extract powder (<i>Curcuma longa</i>) (Standardized to 95% [48 mg] curcumin)	50 mg
Artichoke leaf extract powder (<i>Cynara scolymus</i>) (Standardized to 2% [0.4 mg] cynarin)	20 mg

Other ingredients: Gelatin and water (capsule), rice powder, magnesium stearate, and silica.

Contains NO sugar, salt, dairy, yeast, wheat, gluten, soy, preservatives, artificial colors or flavors.

Gluten-Free, Dairy-Free

NAC

600 mg

Wellness Works #	Size
10228	60 Vegetarian Capsules

DESCRIPTION

NAC is a biologically active precursor for the amino acid cysteine which, in turn, is a precursor for glutathione, a tripeptide with antioxidant properties.

SUGGESTED USE

Adults take 1 vegetarian capsule 2–4 times daily between meals, or as directed by a healthcare professional.

One vegetarian capsule contains:

Selenium (as L-selenomethionine)	70 mcg
Molybdenum (as amino acid chelate)	75 mcg
N-Acetyl Cysteine	600 mg

Other ingredients: Cellulose and water (capsule), cellulose, magnesium stearate, and silica.

N-Acetyl Cysteine, Selenium and Molybdenum are important building blocks for antioxidant enzymes produced by the liver.

Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, preservatives, artificial colors or flavors.

Niacin

100 mg

Wellness Works #	Size
10113	100 Vegetarian Tablets

DESCRIPTION

Niacin tablets provide 100 mg of pure niacin in a scored, uncoated tablet which can be broken in half when lower dosage is desired.

SUGGESTED USE

Adults take 1 tablet daily with food, or as directed by a healthcare professional.

One vegetarian tablet contains:

Niacin	100 mg
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Other ingredients: (May contain one or more of the following: Magnesium stearate, cellulose, vegetable stearin, dicalcium phosphate and silica.)

Contains NO sugar, salt, dairy, yeast, gluten, wheat, corn, soy, preservatives, artificial colors or flavors. Gluten-Free, Dairy-Free

Nitric Oxide Formula

Wellness Works #	Size
10365	309 g

DESCRIPTION

Nitric Oxide Support Formula is a combination of ingredients designed to support healthy nitric oxide levels and to support the integrity of the blood vessel wall.

SUGGESTED USE

As a dietary supplement, mix 1 scoop in 8 ounces juice or water and take on an empty stomach, or as directed by a healthcare professional.

Color, flavor of this product may vary due to variations of natural ingredients. Product is sold by weight, not by volume. Some settling may occur.

One scoop (10.3 g) contains:

L-citrulline	3,000 mg
L-arginine	3,000 mg
L-proline	1,000 mg
L-lysine	150 mg
Stevia leaf extract	180 mg

Other ingredients: Citric acid, pineapple juice powder, tropical fruit punch flavor, silica, beet juice powder. Gluten-Free, Non-GMO, Soy-Free

Omega-3 Extra Strength with D

Wellness Works #	Size
10368	120 Capsules

DESCRIPTION

Omega-3 High Potency with D is an omega 3 fatty acid supplement containing 450 mg EPA and 330 mg DHA combined with vitamin D.

SUGGESTED USE

As a dietary supplement, adults take 2 softgels daily, or as directed by a healthcare professional.

Two softgels contain:

Calories	25
Calories from Fat	20
Total Fat	2.5 g
Cholesterol	4 mg
Vitamin D3 (as cholecalciferol)	1,000 IU
Marine lipid concentrate	2,520 mg
EPA (Eicosapentaenoic Acid)	900 mg
DHA (Docosahexaenoic Acid)	660 mg

Other ingredients: Gelatin, glycerin, water, rosemary leaf extract, d-alpha tocopherol (as a preservative), natural lemon flavor.

Please see the current Wellness Works product order form for current pricing.

† The statements contained herein have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

Omega-3 Fish Oil Enteric-Coated

Wellness Works #	Size
10313	60 Softgels
10314	120 Softgels

DESCRIPTION

Omega-3 Fish Oil Enteric-Coated (HP) softgels supply significant amounts of essential omega-3 fatty acids, derived from marine lipid concentrate. Processed by molecular distillation, our formula is an excellent source of these fatty acids, providing 300 mg of eicosapentaenoic acid (EPA) and 200 mg of docosahexaenoic acid (DHA) per capsule.

SUGGESTED USE

Adults take 1 softgel daily, or as directed by your healthcare professional.

One enteric-coated softgel contains:

Calories.....	10
Calories from fat	10
Total fat	1 g
Saturated fat	0 g
Monounsaturated fat	0 g
Polyunsaturated fat	0.5 g
Cholesterol	10 mg
Fish oil concentrate	1,000 mg
Eicosapentaenoic acid (EPA)	300 mg
Docosahexaenoic acid (DHA)	200 mg

Other ingredients: Gelatin, glycerine and water (capsule), vitamin E, modified cellulose, and triethyl citrate.

Molecularly distilled.

Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, preservatives, artificial colors or flavors.

Gluten-Free, Dairy-Free

Omega-3 Liquid

Liquid DHA Supplement

Wellness Works #	Size
10355	150 mL (5 fl oz)

DESCRIPTION

Omega-3 Liquid is a concentrated, purified source of pharmaceutical-grade omega-3 fatty acids. Each teaspoonful provides 800 mg of eicosapentaenoic acid (EPA) and 500 mg of docosahexaenoic acid (DHA) in a natural lemon flavor.

SUGGESTED USE

1 teaspoonful daily as a dietary supplement, or as directed by a healthcare professional.

One teaspoon (5 mL) contains:

Calories.....	40
Calories from Fat	40
Total Fat	4.5 g
Saturated Fat	1 g
Polysaturated Fat	2 g
Monounsaturated Fat	1 g
Cholesterol	25 mg
Omega-3 Fatty Acids.....	1.5 g
EPA (Eicosapentaenoic Acid)	800 mg
DHA (Docosahexaenoic Acid)	500 mg
Other Omega-3 Fatty Acids	200 mg

Ingredients: Highly refined omega-3 fish (anchovy, sardine, and mackerel) oil, natural lemon flavor, proprietary antioxidant blend (natural tocopherols, rosemary extract, and ascorbyl palmitate).

Manufactured in a cGMP facility. Refrigerate after opening. Gluten-Free, Non-GMO

Omega Max

Complete Essential Fatty Acid Formula

Wellness Works #	Size
10118	60 Softgels

DESCRIPTION

Omega Max provides a blend of oils derived from flaxseed, borage and deep fish sources. Both the flax and the borage seed oils are 100% cold, expeller pressed and hexane-free. The fish oil is molecularly distilled and goes through extensive testing for heavy metals, PCBs, dioxins and other potential contaminants.

SUGGESTED USE

Adults take 1 capsule, 3 times daily with meals, or as directed by a healthcare professional.

One softgel contains:

Vitamin E (as d-alpha tocopherol).....	10 IU
Borage seed oil (<i>Borago officinalis</i>)	400 mg
Flax seed oil (<i>Linum usitatissimum</i>)	400 mg
Deep sea fish oil.....	400 mg
Alpha Linoleic Acid (ALA).....	226 mg
Cis-linoleic Acid (LA).....	210 mg
Docosahexaenoic acid (DHA)	82 mg
Eicosapentaenoic acid (EPA)	120 mg
Gamma-Linolenic Acid (GLA)	82 mg
Oleic Acid	152 mg

Other ingredients: Softgel (gelatin, glycerin, and water).

This product contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors. Refrigerate after opening. Molecularly distilled. Gluten-Free, Dairy-Free.

Pantothenic Acid

500 mg

Wellness Works #	Size
10119	100 Vegetarian Tablets

DESCRIPTION

Pantothenic Acid supplies 500 mg of pantothenic acid in a convenient tablet form.

SUGGESTED USE

Adults take 1 tablet daily with food, or as directed by a healthcare professional.

One vegetarian tablet contains:

Pantothenic acid	500 mg
(as calcium pantothenate)	

Other ingredients: Cellulose, dicalcium phosphate, croscarmellose sodium, stearic acid, magnesium stearate, silica, and pharmaceutical glaze.

Contains NO sugar, salt, dairy, yeast, wheat, corn, soy, preservatives, artificial colors or flavor

Perfect E

Wellness Works #	Size
10250	30 Softgels

DESCRIPTION

Perfect E features the complete family of vitamin E compounds. Until recently, most vitamin E supplements only contained alpha-tocopherol — one of the most active forms of vitamin E. But research has demonstrated the importance of consuming the entire family of vitamin E compounds.

SUGGESTED USE

Adults take 1 softgel daily with food, or as directed by a healthcare professional.

One softgel contains:

Vitamin E.....	400 IU
(as d-alpha tocopherol)	
Mixed Tocopherols	
d-gamma tocopherol.....	400 mg
d-delta tocopherol.....	9 mg
d-beta tocopherol.....	7 mg
Tocotrienols (from palm)	
Gamma tocotrienol.....	19 mg
Delta tocotrienol.....	6 mg
Alpha tocotrienol.....	12 mg
Beta tocotrienol.....	1 mg

Other ingredients: Gelatin, glycerin, and water. Contains soy.

Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, preservatives, artificial colors or flavors.

Perfect Protein Powder

Wellness Works #	Size
10282	1.1 lb Powder

DESCRIPTION

Perfect Protein Powder is a synergistic blend of plant-based proteins that provides a complete blend of amino acids that are easily digested, hypoallergenic and non-GMO.

SUGGESTED USE

Add 1 level scoop to 9–12 ounces of chilled water or preferred beverage. Add additional ingredients if desired and blend to taste.

One scoop (approximately 34 g) contains:

Calories.....	130
Calories from fat.....	20
Total fat.....	2.5 gm
Sodium.....	280 mg
Potassium.....	50 mg
Total carbohydrate.....	8 gm
Sugars.....	< 1 gm
Calcium.....	50 mg
Iron.....	6 mg
Multi-source plant protein blend.....	25,550 mg
(Pea protein isolate, cranberry seed, <i>Sacha Inchi</i> seed and chia seed)	
Branch chain amino acids.....	6,225 mg
Glutamine.....	3,475 mg
Digestive enzyme blend.....	110 mg

Other ingredients: Inulin, natural flavors, stevia, xanthan gum, glycine, and silica.

Contains NO soy, dairy, wheat, gluten, preservatives, artificial colors, sweeteners, or flavors.

Amino acid profile:

Alanine.....	840 mg
Arginine.....	1,680 mg
Aspartic acid.....	210 mg
Cysteine/Cystine.....	210 mg
Glutamic acid.....	3,313 mg
Glycine.....	959 mg
Histidine.....	420 mg
Isoleucine.....	1,458 mg
Leucine.....	2,088 mg
Lysine.....	1,470 mg
Methionine.....	210 mg
Phenylalanine.....	1,050 mg
Proline.....	840 mg

Serine.....	1,050 mg
Threonine.....	840 mg
Tryptophan.....	210 mg
Tyrosine.....	840 mg
Valine.....	1,458 mg

Gluten-Free, Dairy-Free, Hypoallergenic, Non-GMO, Vegan

Phosphatidyl Serine Complex

500 mg / A Multifunctional Brain Nutrient

Wellness Works #	Size
10120	30 Softgels

DESCRIPTION

Phosphatidyl Serine Complex softgels contain 500 mg of plant-derived (soy bean) phospholipids supplying 100 mg of phosphatidyl serine (PS). Phosphatidyl serine is an important nutrient and has been shown to be effective in encouraging relaxation and sleep.

SUGGESTED USE

Adults take 1 softgel, 1–3 times daily with food, or as directed by a healthcare professional.

One softgel contains:

Phosphorus.....	10 mg
Potassium.....	3 mg
Phosphatidyl serine complex.....	500 mg
Phosphatidylserine.....	100 mg
Phosphatidylcholine.....	55 mg
Phosphatidylinositol.....	10 mg
Phosphatidylethanolamine.....	20 mg
Linolenic acid.....	10 mg
Linoleic acid.....	85 mg
Oleic acid.....	15 mg
Palmitic acid.....	27 mg
Stearic acid.....	6 mg
Capric acid.....	51 mg
Caprylic acid.....	120 mg

Other ingredients: Gelatin, glycerin, and water (capsule), soybean oil, carob, and vitamin E.

Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, preservatives, artificial colors or flavors.

Gluten-Free, Dairy-Free

Potassium 99 mg

As Amino Acid Chelate

Wellness Works #	Size
10122	250 Tablets

DESCRIPTION

Potassium 99 mg tablets supply 99 mg of elemental potassium from 495 mg of potassium amino acid complex.

SUGGESTED USE

Adults take 1 tablet daily with food, or as directed by a healthcare professional.

One tablet contains:

Potassium.....	99 mg
(as amino acid complex)	

Other ingredients: Dicalcium phosphate, cellulose, vegetable stearin, cellulose gum, magnesium stearate, and silica.

Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, preservatives, artificial colors or flavors.

Gluten-Free, Dairy-Free Selenium (amino acid chelate).....	100 mcg
Copper (amino acid chelate).....	2 mg

Please see the current Wellness Works product order form for current pricing.

‡ The statements contained herein have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

Prenatal Plus

Wellness Works #	Size
10297	120 Tablets

DESCRIPTION

Prenatal Plus provides optimal amounts of all essential vitamins and minerals, along with added support ingredients such as the omega-3 fat DHA and herbs such as ginger and chamomile.

SUGGESTED USE

Adults take 4 tablets daily with food, or as directed by a healthcare professional.

Four tablets contain:

Vitamin A (as acetate, beta carotene)	10,000 IU
Vitamin C (as ascorbic acid)	150 mg
Vitamin D (as cholecalciferol)	400 IU
Vitamin E (as d-alpha succinate)	75 IU
Vitamin K (as phytonadione)	100 mcg
Vitamin B-1 (as thiamine hydrochloride)	25 mg
Riboflavin	25 mg
Niacin (as niacinamide)	25 mg
Folic Acid	800 mcg
Vitamin B-12 (as cyanocobalamin)	100 mcg
Biotin	300 mcg
Vitamin B-5 (calcium pantothenate)	40 mg
Calcium (carbonate, citrate, amino acid chelate)	800 mg
Iron (amino acid chelate)	18 mg
Iodine (from kelp)	150 mcg
Magnesium (oxide, citrate, amino acid chelate)	450 mg
Zinc* (as monomethionine)	15 mg
Selenium (amino acid chelate)	100 mcg
Copper (amino acid chelate)	2 mg
Manganese (amino acid chelate)	5 mg
Chromium (polynicotinate)**	200 mcg
Molybdenum (amino acid chelate)	25 mcg
Potassium (amino acid chelate)	25 mg
Inositol	10 mg
Choline (as bitartrate)	10 mg
PABA (para amino benzoic acid)	10 mg
DHA *** powder	50 mg
Ginger (<i>Zingiber officinale</i>) root	75 mg
Chamomile (<i>Matricaria chamomilla</i>) flower extract	50 mg
Raspberry (<i>Rubus idaeus</i>) leaves	25 mg

Other ingredients: Cellulose, vegetable stearin, cellulose gum, vanilla flavor, silica, magnesium stearate, and food glaze.

* From L-OptiZinc®, a trademark of InterHealth Co.

** From Chromemate®, a patented form of niacin bound chromium.

*** From Neuromins™, a highly purified source of DHA from microalgae. Neuromins™ is a trademark of Martek.

Contains NO sugar, salt, yeast, wheat, gluten or artificial colors. Gluten-Free

Probiotic Extra Strength DF

52 Billion CFU

Wellness Works #	Size
10295	60 Vegetarian Capsules

DESCRIPTION

Probiotic Extra Strength DF contains 9 species of microorganisms from non-dairy sources. Because each strain has an affinity for a different part of the digestive tract, and a unique mechanism of action, a product delivering multiple strains is preferable to single strain products.

SUGGESTED USE

Adults take 1 capsule, 1–2 times daily between meals, or as directed by a healthcare professional.

One vegetarian capsule contains:

Non-Dairy Probiotic Complex246 mg
52.5 Billion CFU

Lactobacillus acidophilus, *Lactobacillus plantarum*, *Lactobacillus casei*,
Fructooligosaccharides (FOS), *Lactobacillus salivarius*, *Lactobacillus rhamnosus*,
Bifobacterium breve, *Streptococcus thermophilus*, *Bifobacterium bifidum*, *Bifobacterium longum*

Other ingredients: Microcrystalline cellulose and vegetable cellulose (capsule), ascorbyl palmitate, silica. Gluten-Free, Dairy-Free, Non-GMO, Vegetarian

Probiotic Mega Blend DF

Non-Dairy Probiotic Formulation

Wellness Works #	Size
10296	120 Vegetarian Capsules

DESCRIPTION

Probiotic Mega Blend DF is a non-dairy probiotic formulation produced from an all-natural source of beneficial microorganisms and FOS to support digestive tract health.† At 15 billion CFU, Probiotic Mega Blend DF can be recommended for children, adults and the elderly.

SUGGESTED USE

Initially, take the following amounts 2 times daily after breakfast and dinner until results occur, or as directed by a healthcare professional.

Child: 1 capsule

Adult: 2 capsules

Senior: 3 capsules

Maintenance: Take recommended amount 1 time daily after breakfast.

Three vegetarian capsules contain:

Probiotic Bacteria Complex 15 billion CFU

Containing:

Fructooligosaccharides (FOS), *Lactobacillus acidophilus*, *L. Bifidobacterium lactis*, *Lactobacillus casei*, *Streptococcus thermophilus*, *Bifobacterium breve*, *Lactobacillus rhamnosus*, *Bifobacterium longum*, *Bifobacterium bifidum*

Other ingredients: Rice, maltodextrin, and vegetable cellulose.

Gluten-Free, Non-GMO, Vegetarian

Probiotic Daily Support†

With 5 Billion CFU

Wellness Works #	Size
10310	60 Vegetarian Capsules
10311	120 Vegetarian Capsules

DESCRIPTION

Each Probiotic Daily Support capsule contains over 5 billion beneficial organisms, including representatives of both the *Lactobacillus* and *Bifidobacterium* genera, mixed in a base of prebiotic fructooligosaccharide.

SUGGESTED USE

Adults take 1 vegetarian capsule daily during meals, or as directed by a healthcare professional.

One vegetarian capsule contains:

Proprietary probiotic blend	5 billion cells per cap
<i>Lactobacilli acidophilus</i>	La 14
<i>Bifidobacteria lactis</i>	Bl-04
<i>Lactobacilli salivarius</i>	Ls-33

<i>Lactobacilli plantarum</i>	Lp-115
<i>Bifidobacteria bifidum</i>	Bb-02
<i>Bifidobacteria longum</i>	Bl-05
<i>Lactobacilli rhamnosus</i>	Lr-32
<i>Lactobacilli bulgaricus</i>	Lb-64
Prebiotic blend	60 mg
(FOS, Fiberaid® Arabinogalactan)	

Other ingredients: Cellulose and water (capsule), cellulose, silica, magnesium stearate, and calcium silicate.

Contains NO sugar, salt, dairy, wheat, gluten, preservatives, artificial colors or flavors.

Gluten-Free, Dairy-Free

Prostate Health Support†

With Saw Palmetto & Nettle

Wellness Works #	Size
10126	60 Softgels

DESCRIPTION

Prostate Health Support provides a blend of several nutraceuticals to support prostate health and function.† The ingredients are sourced from the highest quality European standardized extracts of saw palmetto and pygeum. Pumpkin seed oil, nettle root extract, lycopene and L-OptiZinc™ work synergistically to enhance the proven benefits of saw palmetto and pygeum.

SUGGESTED USE

Adults take 1 softgel, 4 times daily with food, or as directed by a healthcare professional.

One softgel contains:

Zinc* (as monomethionine)	5 mg
Saw palmetto berry extract	80 mg
(Saw palmetto)	
(Standardized to 85%–95% [68–79 mg] fatty acids and sterols)	
Pygeum africanum bark extract	25 mg
(Standardized to 13% [3.25 mg] beta-sitosterol)	
Pumpkin seed oil (<i>Cucurbita pepo</i>)	40 mg
Nettle root extract	75 mg
(Urtica dioica)	
(Standardized to 5% [3.75 mg] total amino acids)	
Lycopene (from tomatoes)	1 mg
Other ingredients: Gelatin, glycerin, and water (capsule), soybean oil, beeswax, lecithin, caramel color, and water. Contains soy.	

*From L-OptiZinc®, a patented form of zinc. L-OptiZinc® is a trademark of InterHealth Company.

Contains NO sugar, salt, dairy, yeast, wheat, corn, preservatives, artificial colors or flavors.

Pyridoxal-5-Phosphate

A Vitamin B-6 Supplement

Wellness Works #	Size
10308	60 Vegetarian Capsules

DESCRIPTION

Pyridoxal-5-Phosphate provides 33.8 mg of pyridoxal-5-phosphate per each capsule.

SUGGESTED USE

Adults take 1 capsule, 2–4 times daily, or as directed by a healthcare professional.

One capsule contains:

Vitamin B-6	33.8 mg
(from 50 mg pyridoxal-5-phosphate)	
Other ingredients: Microcrystalline cellulose, vegetable cellulose (capsule), and vegetarian leucine.	

Pycnogenol®

50 mg

Wellness Works #	Size
10373	60 Vegetarian Capsules

DESCRIPTION

Pycnogenol contains 40 different plant compounds called oligomeric proanthocyanidin complexes (OPCs) that carry strong antioxidant qualities of potential benefit to human health and physical performance.

SUGGESTED USE

Adults take 1 capsule, 1–3 times daily with food, or as directed by a healthcare professional.

One capsule contains:

Pine bark extract powder	50 mg
(Standardized to 65–75% [32–37 mg] procyanidins)	

Other ingredients: Cellulose and water (capsule), rice powder, magnesium stearate and silica.

Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors.

Quercetin Plus

500 mg with Vitamin C & Turmeric

Wellness Works #	Size
10128	50 Tablets

DESCRIPTION

Quercetin Plus is a unique formulation of quercetin, manganese and bromelain. Quercetin is a bioflavonoid that has excellent antioxidant activity. Manganese synergistically supports the quercetin activity. Bromelain is a proteolytic enzyme purified from pineapple, which is active and stable at the acidic levels found in the stomach.

SUGGESTED USE

Adults take 1 tablet, 2 times daily with food, or as directed by a healthcare professional.

One tablet contains:

Vitamin C (as ascorbic acid)	250 mg
Manganese	10 mg
(as amino acid chelate)	
Quercetin	500 mg
Bromelain	50 mg
(Ananas comosus fruit extract)	
(Standardized to 1800 GDU/g)	
Turmeric	50 mg
(Curcuma longa rhizome extract)	
(Standardized to 95% Curcumin)	
Citrus bioflavonoids	100 mg

Other ingredients: Cellulose, cellulose gum, silica, food glaze, vegetable stearin, magnesium vegetable stearate, calcium silicate and modified cellulose.

Magnesium stearate, cellulose, modified cellulose gum, vegetable stearin, dicalcium phosphate, silica and food glaze.)

Vitamin C, bromelain, turmeric, citrus bioflavonoids and manganese work synergistically to enhance the proven benefits of Quercetin.

Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, preservatives, artificial colors or flavors.

Gluten-Free, Dairy-Free

Please see the current Wellness Works product order form for current pricing.

† The statements contained herein have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

Red Yeast Rice Plus

600 mg with CoQ10, NAC and Milk Thistle

Wellness Works # Size

10249 60 Vegetarian Capsules

DESCRIPTION

Red yeast rice is a traditional Asian food that dates back to 800 AD. Scientific studies have shown that red yeast rice can help to support healthy cholesterol levels that are already within the normal range.[‡] It is organically grown in the USA and is free of citrinin, a toxin that can be found in fermented foods. CoQ10, milk thistle and n-acetyl-cysteine are included for added liver support.[‡]

SUGGESTED USE

Adults take 1 capsule, 2 times daily with food, or as directed by a healthcare professional.

One vegetarian capsule contains:

Organic red yeast rice (*Monascus purpureus*) 600 mg
N-acetyl-cysteine 50 mg
Milk thistle 25 mg

(*Silybum marianum* 80% [20 mg] silymarin)

Coenzyme Q10 (as ubiquinone) 30 mg

Other ingredients: Cellulose and water (capsule), cellulose, vegetable stearin, magnesium stearate and silica.

Contains NO sugar, salt, dairy, soy, wheat, gluten, corn, preservatives, artificial colors or flavors.

Gluten-Free, Dairy-Free, Vegetarian

Relaxation Formula[‡]

Natural, Relaxing Formula[‡]

Wellness Works # Size

10273 60 Capsules

DESCRIPTION

Relaxation Formula is an all-natural approach to facilitate physical and mental relaxation. This is an herbal blend of synergistic herbs known for the calming effect without causing drowsiness.[‡]

SUGGESTED USE

Adults take 2 capsules as needed or 2 capsules at bedtime, or as directed by a healthcare professional.

One capsule contains:

Magnesium (as citrate, oxide) 50 mg
Vitamin B-6 (as pyridoxine HCl) 10 mg
L-theanine 25 mg
Oat (*Avena sativa*) straw extract 50 mg
Proprietary blend (*Magnolia officinalis*, *Phellodendron amurense*) 250 mg
Chamomile flower extract (*Matricaria recutita*) 100 mg
(Standardized to contain 1.2% [1.2 mg] Apigenin)
Lemon balm leaf extract (*Melissa officinalis*) 100 mg
Valerian root extract (*Valeriana officinalis*) 25 mg
Skullcap leaf extract (*Scutellaria lateriflora*) 35 mg
Hops strobiles extract (*Humulus lupulus*) 15 mg
Passionflower flowering tops (*Passiflora incarnata*) 25 mg

Other ingredients: Gelatin and water (capsule), cellulose, magnesium stearate, vegetable stearin, and silica.

Contains NO sugar, salt, dairy, yeast, corn, soy, preservatives, artificial colors or flavors.

Relora 250 mg

Wellness Works # Size

10329 60 Capsules

DESCRIPTION

Relora 250 mg is a unique blend containing two patent-pending herbal extracts, specifically designed to support normal, healthy cortisol levels during stress and anxiety.[‡]

SUGGESTED USE

Adults take 1 capsule, 2–3 times daily with food, or as directed by a healthcare professional.

One capsule contains:

Relora 250 mg

(a proprietary blend of a patented extract from *Magnolia officinalis* bark and proprietary extract from *Phellodendron amurense* bark)

Other ingredients: Gelatin and water (capsule), cellulose, magnesium stearate, and silica.

Contains NO sugar, salt, yeast, wheat, gluten, soy, preservatives, artificial colors or flavors.

Resveratrol Plus

200 mg

Wellness Works # Size

10301 60 Vegetarian Capsules

DESCRIPTION

Resveratrol Plus supplies 200 mg of trans-resveratrol plus 10 mg of Leucoselect[®] grape seed extract in vegetarian capsules.

SUGGESTED USE

Adults take 1 capsule, 1–2 times daily with food, or as directed by a healthcare professional.

One vegetarian capsule contains:

Resveratrol 200 mg

(400 mg of *Polygonum cuspidatum* root extract standardized to 50% [200 mg] trans-resveratrol)

Leucoselect[®] grape seed extract* 10 mg

(*Vitis vinifera* standardized to 90–95% [9–9.5 mg] oligomeric proanthocyanidins)

Other ingredients: Cellulose and water (capsule), cellulose, vegetable stearin, magnesium stearate, and silica.

*Leucoselect[®] grape seed extract is made by Indena, one of Europe's leading herbal extract manufacturers. Leucoselect[®] a registered trademark of Indena USA, Inc.

Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, preservatives, artificial colors or flavors.

Gluten-Free, Dairy-Free, Vegetarian

Saccharomyces Boulardii 250 mg

Support for Gut Health and Balance ‡

Wellness Works # Size

10356 60 Vegetarian Capsules

DESCRIPTION

Saccharomyces Boulardii is a natural, non-pathogenic yeast that has been shown to maintain and restore the healthy ecology of the small and large intestine.‡

SUGGESTED USE

Adults take 1 capsule 2 times daily, or as directed by a healthcare professional.

One vegetarian capsule contains:

Saccharomyces boulardii 250 mg
(providing 5 billion live organisms*)

Other ingredients: Microcrystalline cellulose, vegetable capsule, magnesium stearate (vegetable source), and silicon dioxide.

* At time of manufacture. Gluten-Free, Dairy-Free, Non-GMO, Vegetarian

SAM-e

200 mg / Support for Joints as Well as Mental Health ‡

Wellness Works # Size

10130 30 Tablets

DESCRIPTION

SAM-e is classified as a methyl donor and contributes essential methyl groups necessary for liver detoxification and neurotransmitter synthesis.‡ SAM-e tablets deliver 200 mg of S-adenosyl-methionine in an enteric-coated form for added stability.

SUGGESTED USE

Adults take 1 tablet, 2 times daily between meals, or as directed by a healthcare professional.

One tablet contains:

SAM-e 200 mg
(from 400 mg of s-adenosyl-L-methionine disulfate tosylate)

Other ingredients: Cellulose, silica, magnesium stearate, ethyl cellulose, oleic acid, medium chain triglycerides, sodium alginate, modified cellulose, triacetin, calcium carbonate, and riboflavin (for color).

Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors.

Gluten-Free, Dairy-Free

Saw Palmetto 320 mg

Standardized Supplement

Wellness Works # Size

10335 90 Vegetarian Capsules

DESCRIPTION

Saw Palmetto Plus 320 mg is a standardized vegetarian dietary supplement to support proper prostate function.‡

SUGGESTED USE

Adults take 1 capsule daily with food, or as directed by a healthcare professional.

One vegetarian capsule contains:

Saw Palmetto (*Serenoa repens*) extract 320 mg
Yielding: Free fatty acids 80 mg

Other ingredients: Vegetable cellulose, microcrystalline cellulose, vegetarian leucine, and silica.

Gluten-Free, Dairy-Free, Vegetarian

Selenium

200 mcg as L-Selenomethionine

Wellness Works # Size

10132 60 Capsules

DESCRIPTION

Selenium is required in a number of metabolic processes including T4-T3 conversion. Selenium contains 200 mcg of bioavailable selenium per capsule.

SUGGESTED USE

Adults take 1 capsule daily with food, or as directed by a healthcare professional.

One capsule contains:

Selenium 200 mcg
(from high selenium yeast)*

Other ingredients: Gelatin and water (capsules), rice powder, cellulose, magnesium stearate, and silica.

*From SelenoExcell®, an excellent source of naturally-occurring organic L-selenomethionine. It has been the subject of important clinical studies. SelenoExcell® is a registered trademark of Cypress Systems, Inc.

Contains NO sugar, salt, dairy, wheat, gluten, corn, soy, preservatives, artificial colors or flavors.

Gluten-Free, Dairy-Free

Sleep Perfect Formula†

With Calcium and Magnesium

Wellness Works # Size

10338 60 Vegetarian Capsules

DESCRIPTION

Sleep Perfect Formula provides an innovative blend of nutrients that promotes soothing and restful sleep. The non-habit-forming ingredients were specifically chosen to promote healthy circadian rhythms and help relax tense muscles. While most prescription medications can cause morning sleepiness, Sleep Perfect Formula is designed to provide individuals with restful slumber and a rejuvenated body upon awakening.‡

SUGGESTED USE

Adults take 1–2 capsules 30–45 minutes before bed, or as directed by a healthcare professional.

2 vegetarian capsules contain:

Magnesium (as magnesium amino acid chelate) 40 mg
Valerian root extract 4:1 (*Valeriana officinalis*) 120 mg
GABA (gamma amino butyric acid) 100 mg
Inositol 100 mg
L-theanine 100 mg
5-HTP 40 mg
Chamomile flower (*Matricaria chamomila*) 40 mg
Hops strobile extract 4:1 (*Humulus lupulus*) 40 mg
Passion flower extract 4:1 (*Passiflora incarnate*) 40 mg
Melatonin 3 mg

Other ingredients: Vegetable cellulose (capsule), microcrystalline cellulose, vegetarian leucine.

Please see the current Wellness Works product order form for current pricing.

‡ The statements contained herein have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

Sleep Support†

Wellness Works # Size
10254 60 Capsules

DESCRIPTION

Sleep Support contains key ingredients that support a restful night's sleep †

SUGGESTED USE

Adults take 1 capsule before bedtime, or as directed by a healthcare professional.

One capsule contains:

Vitamin B6 (as pyridoxine HCl)	2 mg
Magnesium (as carbonate)	50 mg
Melatonin	1 mg
L-theanine	100 mg
Passion flower aerial extract	100 mg
(<i>Passiflora incarnata</i>)	
(Standardized to 3.5% [3.5 mg] Vitexin)	
Valerian root extract	50 mg
(Standardized to 0.8% (0.4 mg) Valerenic Acids)	

Other ingredients: Gelatin and water (capsule), cellulose, vegetable stearin, magnesium stearate, and silica.

Contains NO sugar, salt, dairy, yeast, wheat, gluten, soy, preservatives, artificial colors or flavors.

Gluten-Free, Dairy-Free

St. John's Wort Plus

300 mg Standardized Extract with Ginseng & Ginkgo

Wellness Works # Size
10141 60 Capsules

DESCRIPTION

St. John's Wort Plus capsules contain 300 mg of St. John's wort extract, standardized to contain a minimum of 0.3% total hypericin. *Siberian eleutherococcus* and *ginkgo biloba* work synergistically to enhance the proven benefits of St. John's wort extract.

SUGGESTED USE

Adults take 1 capsule, 1–3 times daily with food, or as directed by a healthcare professional.

One capsule contains:

St. John's wort herb extract	300 mg
(<i>Hypericum perforatum</i>)	
(Standardized to 0.3% [0.9 mg] hypericin)	
Siberian eleutherococcus root extract	25 mg
(<i>Eleutherococcus senticosus</i>)	
(Standardized to 0.4% [0.1 mg] Eleutherosides)	
Ginkgo biloba leaves	150 mg

Other ingredients: Gelatin and water (capsule), magnesium stearate, silica, and rice powder.

Contains NO sugar, salt, dairy, yeast, wheat, corn, soy, preservatives, artificial colors or flavors.

Super Stress Support†

With B-Complex, Vitamin C & Valerian

Wellness Works # Size
10143 60 Tablets

DESCRIPTION

Super Stress Support is a sustained release supplement that provides a full spectrum of B-complex vitamins as well as vitamin C and herbs to help support normal stress response.

SUGGESTED USE

Adults take 1 tablet daily with food, or as directed by a healthcare professional.

One tablet contains:

Vitamin C (as ascorbic acid)	600 mg
Vitamin B-1 (as thiamine HCl)	100 mg
Vitamin B-2 (as riboflavin)	100 mg
Niacin (as niacinamide)	200 mg
Vitamin B-6 (as pyridoxine HCl)	100 mg
Folic Acid	400 mcg
Vitamin B-12 (as cyanocobalamin)	100 mcg
Biotin	100 mcg
Pantothenic Acid (as calcium pantothenate)	200 mg
Magnesium (as oxide)	100 mg
Para Aminobenzoic Acid	100 mg
Choline (as bitartrate)	40 mg
Inositol	100 mg
Valerian root powder (<i>Valeriana officinalis</i>)	75 mg
Hops strobiles powder (<i>Humulus lupulus</i>)	50 mg
Scullcap herb powder (<i>Scutellaria lateriflora</i>)	50 mg

Other ingredients: Dicalcium phosphate, vegetable stearin, magnesium stearate, cellulose, modified cellulose, silica, rice bran, alfalfa, parsley, and watercress.

Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors.

Thyroid Support† with Zinc

Product # Size
10257 60 Vegetarian Capsules

DESCRIPTION

Thyroid Support with Zinc is a comprehensive vitamin, mineral and herbal formula designed to support healthy functioning of the thyroid gland.

SUGGESTED USE

Adults take 2 vegetarian capsules at mealtime, or as directed by a healthcare professional.

Two vegetarian capsules contain:

Vitamin A (as palmitate)	2,500 IU
Vitamin C (as ascorbic acid)	30 mg
Vitamin D (as cholecalciferol)	400 IU
Vitamin B-6 (as pyridoxine HCl)	15 mg
Folic Acid	400 mcg
Iodine (from kelp)	300 mcg
Magnesium (as oxide, amino acid chelate)	100 mg
Zinc (as monomethionine from L-OptiZinc®)	10 mg
Selenium (as selenomethionine)	100 mcg
Copper (as amino acid chelate)	2 mg
L-tyrosine	500 mg
Green tea (<i>Camellia sinensis</i>) leaf extract	60 mg
(Standardized to 98% [58.8 mg] polyphenols)	
Gugulipid (<i>Commiphora mukul</i>) resin extract	150 mg

(Standardized to 2.5% [3.75 mg] guggulsterones)
 Bacopin (*Bacopa monniera*) leaf extract100 mg
 (Standardized to 20% [20 mg] bacosides A&B)
 Ashwagandha (*Withania somnifera*) root extract100 mg
 (Standardized to 1.5% [1.5mg] withanolides)
 Other ingredients: Cellulose and water (capsule), cellulose, magnesium stearate, and silica.
 Contains soy.
 Contains NO sugar, salt, dairy, wheat, gluten, preservatives, artificial colors or flavors.

Ubiquinol

CoQH 100 mg

Product #	Size
10247	30 Softgels

DESCRIPTION

Ubiquinol is the reduced (electron-rich) form of coenzyme Q10. It is identical to the CoQ10 produced by the body and is already activated, bypassing the need for conversion.

SUGGESTED USE

Adults take 1 softgel, 1–3 times daily with food, or as directed by a healthcare professional.

One softgel contains:

Ubiquinol CoQH™100 mg
 (Reduced form of CoQ10)

Other ingredients: Gelatin, glycerin, and water (capsule), medium chain triglycerides, beeswax, soy lecithin and carob.

* Ubiquinol QH™ is manufactured by Kaneka, one of the world's leaders in natural pharmaceutical grade CoQ10. It is produced through a patented process that stabilizes this reduced form of CoQ10 against oxidation.

Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, preservatives, artificial colors or flavors.

Gluten-Free, Dairy-Free

Ultimate Joint Complex†

For Support of Healthy Joint Function †

Product #	Size
10288	90 Tablets

DESCRIPTION

Ultimate Joint Complex provides a unique combination of protective ingredients that work synergistically to:

- Support cartilage and collagen regeneration by providing raw materials for production of glycosaminoglycans (GAGs).†
- Support moisture retention, collagen production, and skin elasticity.†
- Balance inflammatory mediators like cytokines and prostaglandins.†

SUGGESTED USE

Adults take 2 tablets 1 time daily. For faster results, take 2 tablets 2 times daily for 4 weeks or as directed by a healthcare professional.

Two tablets contain:

BioCell Collagen®1,000 mg
 (Hydrolyzed Chicken Collagen Type II)
 Methylsulfonylmethane800 mg
 Glucosamine HCl (from shrimp and crab)600 mg

Other ingredients: Microcrystalline cellulose, stearic acid, vegetable stearate, croscarmellose sodium, silicon dioxide, and pharmaceutical glaze.

Contains shrimp and crab.

* BioCell Collagen® is a registered trademark of BioCell Technology LLC, Newport, Beach, CA.

Contains NO citrus, corn, or gluten.

UT Support†

Standardized Extract 125 mg

Wellness Works #	Size
10362	5.7 g

DESCRIPTION

UT Support is an all-natural supplement comprised of D-mannose for supporting a healthy urinary tract.

SUGGESTED USE

Adults mix 1 scoop in water 3–6 times daily or three days as loading phase, then 1 scoop 1–2 times daily thereafter for maintenance, or as directed by a healthcare professional.

One scoop contains:

D-Mannose 1.9 g

Vitamin A, D3 & K2

Wellness Works #	Size
10341	60 Capsules

DESCRIPTION

The synergistic combination found in Vitamin A, D3 & K2 capsules helps to support bone structure, density, and integrity, proper bone remodeling, calcium utilization, and cardiovascular function.

SUGGESTED USE

Adults take 1 capsule daily, or as directed by a healthcare professional. Do not take this product if pregnant or nursing. If blood-clotting disorder exists or are taking anticoagulant/anti-platelet drugs, do not take this product without consulting a healthcare professional.

One capsule contains:

Vitamin A (as retinyl palmitate) 5,000 IU
 Vitamin D3 (as cholecalciferol) 5,000 IU
 Vitamin K2 (as MK-7) 500 mcg

Other ingredients: Microcrystalline cellulose, vegetable cellulose (capsule), vegetarian leucine.

Gluten-Free, Non-GMO

Vitamin B-6

Pyridoxine 100 mg

Wellness Works #	Size
10152	100 Vegetarian Tablets

DESCRIPTION

Vitamin B-6 supplies 250 mg of vitamin B-6 (pyridoxine) in each vegetarian tablet.

SUGGESTED USE

Adults take 1 tablet daily with food, or as directed by a healthcare professional.

One tablet contains:

Vitamin B-6100 mg
 (as pyridoxine HCl)

Other ingredients: Dicalcium phosphate, cellulose, vegetable stearin, cellulose gum, magnesium stearate, and silica.

Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors. Gluten-Free, Dairy-Free

Please see the current Wellness Works product order form for current pricing.

† The statements contained herein have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

Vitamin B-12*Cyanocobalamin 500 mcg*

Product #	Size
10150	100 Tablets

DESCRIPTION

Vitamin B-12 tablets dissolve rapidly, releasing 500 mcg of pure vitamin B-12.

SUGGESTED USE

Adults take 1 tablet daily with food, or as directed by a healthcare professional.

One tablet contains:

Vitamin B-12 500 mcg
(as cyanocobalamin)

Other ingredients: Cellulose, vegetable stearin, cellulose gum, dicalcium phosphate, modified cellulose, magnesium stearate and silica.

Contains NO sugar, salt, dairy, yeast, gluten, wheat, corn, soy, preservatives, artificial colors or flavors.

Vitamin B-Complex*100 mg Long-Acting Formula*

Product #	Size
10153	100 Vegetarian Tablets

DESCRIPTION

Vitamin B-Complex is a sustained release supplement that provides a full spectrum of the essential B-complex vitamins.

SUGGESTED USE

Adults take 1 tablet daily with food, or as directed by a healthcare professional.

One vegetarian tablet contains:

Vitamin B-1 (as thiamine HCl) 100 mg
Vitamin B-2 (as riboflavin) 100 mg
Niacin (as niacinamide) 100 mg
Vitamin B-6 (as pyridoxine HCl) 100 mg
Folic acid 400 mcg
Vitamin B-12 (as cyanocobalamin) 100 mcg
Biotin 100 mcg
Pantothenic acid (as calcium pantothenate) 100 mg
Para aminobenzoic acid 100 mg
Choline (as bitartrate) 40 mg
Inositol 100 mg

Other ingredients: Rice bran, alfalfa, parsley, and watercress. (May contain one or more of the following: magnesium stearate, cellulose, vegetable stearin, dicalcium phosphate, silica, vegetable gum, and natural vanilla powder).

Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors. Gluten-Free, Dairy-Free, Vegetarian

Vitamin C*500 mg / Orange-Flavored Chewable*

Product #	Size
10156	90 Chewable Vegetarian Tablets

DESCRIPTION

Vitamin C 500 mg Chewable contains vitamin C (as sodium ascorbate and ascorbic acid) in an orange-flavored chewable tablet.

SUGGESTED USE

Adults chew 1 tablet 1–2 times daily, or as directed by a healthcare professional.

One chewable vegetarian tablet contains:

Vitamin C 500 mg
(as sodium ascorbate and ascorbic acid)

Other ingredients: Fructose, sorbitol, natural orange flavor, orange juice crystals, magnesium stearate, natural tangerine flavor, and natural pineapple flavor.

Contains NO salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors.

Gluten-Free, Dairy-Free, Vegetarian

Vitamin C 500 mg with Rose Hips*Vegetarian*

Product #	Size
10334	100 Vegetarian Tablets

DESCRIPTION

Vitamin C 500 mg with Rose Hips provides 500 mg of vitamin C with the addition of rose hips.

SUGGESTED USE

Adults take 1 tablet daily with food, or as directed by a healthcare professional.

One vegetarian tablet contains:

Vitamin C (as ascorbic acid with rose hips) 500 mg

Other ingredients: Cellulose, vegetable stearin, cellulose gum, magnesium stearate, and silica.

Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors.

Gluten-Free, Dairy-Free, Vegetarian

Vitamin C*1,000 mg with Bioflavonoid Complex*

Product #	Size
10154	100 Capsules

DESCRIPTION

Vitamin C 1,000 mg contains vitamin C (ascorbic acid) with an additional bioflavonoid complex.

SUGGESTED USE

Adults take 1 capsule, 1–2 times daily with food, or as directed by a healthcare professional.

One capsule contains:

Vitamin C (ascorbic acid) 1,000 mg
Citrus bioflavonoid complex 50 mg

Other ingredients: Gelatin and water (capsule), magnesium stearate, rice powder and silica.

Contains NO sugar salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors. Gluten-Free, Dairy-Free

Vitamin C Esterified 500 mg

Enhanced Cellular Uptake and Retention of Vitamin C

Product #	Size
10332	60 Vegetarian Capsules

DESCRIPTION

Vitamin C Esterified 500 mg is a scientifically advanced form of vitamin C which binds ascorbic acid to lipid metabolites such as fatty acids, esters and fatty alcohols to enhance digestion, absorption, cellular uptake and retention as well as utilization of essential vitamin C in the body.

SUGGESTED USE

Adults take 1 vegetarian capsule, 1–2 times daily with food, or as directed by a healthcare professional.

One vegetarian capsule contains:

Vitamin C (as PureWay-C®)**	500 mg
Calcium (from calcium carbonate)	90 mg
Citrus bioflavonoid complex	100 mg

Other ingredients: Cellulose and water (capsule), cellulose, magnesium stearate, and silica.

**From PureWay-C® is more rapidly absorbed and leads to higher vitamin C levels than other forms of vitamin C, including: ascorbic acid and popular brands of calcium ascorbate.

The appropriate amount of calcium is also added to buffer the formula and make the product non-acidic. Citrus bioflavonoid complex enhances Vitamin C's benefits.

Contains NO sugar, salt, dairy, yeast, wheat, gluten, soy, corn, preservatives, artificial colors or flavors. Gluten-Free, Dairy-Free, Vegetarian

Vitamin D3

5,000 IU

Product #	Size
10252	100 Softgels

DESCRIPTION

Vitamin D3 5,000 IU contains 5,000 IU of natural vitamin D3 per tablet.

SUGGESTED USE

Adults take 1 softgel daily with food, or as directed by a healthcare professional.

One softgel contains:

Vitamin D3	125 mcg (5,000 IU)
(as cholecalciferol)	

Other ingredients: Gelatin, glycerin and water (softgel), safflower oil, and cholecalciferol.

Cholecalciferol (D3) is a natural, highly bioavailable form of vitamin D derived from lanolin.

Contains NO sugar, salt, dairy, yeast, wheat, gluten, soy, preservatives, artificial colors or flavors.

Gluten-Free, Dairy-Free

Vitamin D3

1,000 IU

Product #	Size
10330	100 Softgels

DESCRIPTION

Vitamin D3 contains 1,000 IU of natural vitamin D3 per capsule.

SUGGESTED USE

Adults take 1 softgel daily with food, or as directed by a healthcare professional.

One softgel contains:

Vitamin D3	25 mcg (1,000 IU)
(as cholecalciferol)	

Other ingredients: Gelatin, glycerin and water (capsule), cholecalciferol and safflower oil.

Cholecalciferol (D3) is a natural, highly bioavailable form of vitamin D derived from lanolin.

Contains NO sugar, dairy, yeast, wheat, gluten, soy, preservatives, artificial colors or flavors.

Gluten-Free, Dairy-Free

Vitamin D3 Drops

2,000 IU

Product #	Size
10326	1.0 fl oz

DESCRIPTION

Vitamin D3 Drops is a unique, neutral tasting, sugar-free liquid providing 2,000 IU of vitamin D3 per drop in a base of safflower oil and extra virgin olive oil with added vitamin E to maintain freshness and stability.

SUGGESTED USE

Adults take 1 drop, 2–3 times daily with food, or as directed by a healthcare professional.

One drop (approx. 0.035 mL) contains:

Vitamin D3 (cholecalciferol)	50 mcg (2,000 IU)
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Other ingredients: Safflower oil, olive oil, organic virgin coconut oil, tocopherol (Vitamin E).

Contains tree nuts (coconut).

The role of vitamin D is helping to maintain bone density and strength is clear. It is required for the process of moving calcium through the intestinal wall into the bloodstream.

Cholecalciferol (D3) is a natural, highly bioavailable form of vitamin D derived from lanolin.

Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors. Gluten-Free, Dairy-Free

Vitamin K2

All Natural Source

Product #	Size
10225	60 Vegetarian Capsules

DESCRIPTION

Vitamin K2 supplies a significant amount of biologically active vitamin K in the form of menaquinone-7 (MK-7).

SUGGESTED USE

Adults take 1 vegetarian capsule daily with food, or as directed by a healthcare professional.

One vegetarian capsule contains:

MenaquinGold™ vitamin K2	45 mcg
(as menaquinone-7)	

Other ingredients: Cellulose and water (capsule), cellulose, magnesium stearate, and silica.

Contains soy.

Vitamin K2 (menaquinone) is an all-natural form of vitamin K that is much more biologically active than the more common form, vitamin K1 (phyloquinone).

Contains NO salt, dairy, wheat, gluten, soy, preservatives, artificial colors or flavors.

Gluten-Free, Dairy-Free

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Zinc

20 mg as Monomethionine

Product #	Size
10164	100 Tablets

DESCRIPTION

Zinc tablets supply zinc monomethionine, a chemically defined, patented organic compound which provides zinc and the amino acid methionine in a 1:1 ratio. Each tablet contains 20 mg of elemental zinc, exclusively in the form of zinc monomethionine. This form of zinc has been shown in numerous studies to be better absorbed, retained longer and be more effective than other forms of zinc.

SUGGESTED USE

Take 1 tablet daily with food, or as directed by a healthcare professional.

One tablet contains:

Zinc (monomethionine).....20 mg

Other ingredients: Dicalcium phosphate, cellulose, vegetable stearin, cellulose gum, magnesium stearate, and silica.

Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors.

Zinc Lozenges

15 mg with Vitamin C & Slippery Elm

Product #	Size
10165	60 Lozenges

DESCRIPTION

Zinc Lozenges supply bioavailable zinc, sweetened with sorbitol and flavored with natural lemon extracts. Each lozenge contains 15 mg of elemental zinc in the form of zinc citrate and gluconate.

SUGGESTED USE

Adults dissolve 1 lozenge in the mouth as needed, or as directed by a healthcare professional. Allow to dissolve completely in the mouth. Do not exceed 10 lozenges per day.

One lozenge contains:

Vitamin C (as calcium ascorbate, ascorbic acid)60 mg

Zinc (as citrate, gluconate).....15 mg

Slippery elm bark powder (*Ulmus rubra*).....25 mg

Bee Propolis5 mg

Other ingredients: Fructose, sorbitol, natural lemon flavor, stearic acid, citric acid, and magnesium stearate.

Contains NO salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors.

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